# OK!

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BRITNEY SPEARS WEDDING DRESS BOOT CAMP

KATE HUDSON HOW I GOT MY BEST-EVER BODY

BLAKE LIVELY I EAT WHAT I WANT

Kourtney's joy
A SISTER FOR MASON

Jess's baby bliss
SKINNY CAN WAIT

Inside Kate's
DOUBLE LIFE

*We love our*
# NEW BODIES

From killer curves to taut tummies, the stars show off their sexy new shapes

PLUS! Hollywood turns on Tom

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## SCRUB-A-DUB-DUB

Do you tend to forget about your body when winter comes around – especially your legs? We hear ya! With coats and jeans being worn every day, it's easy to forget about the skin that's hidden beneath.

If you don't want to deal with unsightly scaly skin when summer finally hits, start exfoliating in the shower a few times a week now. It sloughs off dead skin cells and is a fab way to keep skin soft.

# Winter BODY TUNE-UP

DON'T HIDE UNDER LAYERS OF CLOTHING! WITH A FEW TWEAKS TO YOUR BEAUTY ROUTINE, YOU CAN STILL GLOW IN THE COLD MONTHS

## BRONZE AWAY

If you're not happy sporting pasty skin in the cooler months, try a winter-appropriate faux glow. Skip the heavy tanning creams and try a moisturiser containing a hint of fake tan. Simply apply each night, stopping once you've reached your desired colour.

Self Sun Face Tinted Lotion
$36
CLINIQUE

Olive Butter Formula Natural Bronze
$9.95
PALMER'S

Invisible Tan
$34.95
ECO TAN

Moroccan Argan Oil Skin Serum
$24.95
SEVEN WONDERS

Body Serum: Ylang Ylang, Tamanu & Omega 7
$43.95
GROWN

## DEEP MOISTURE

Our skin becomes more dehydrated than usual in winter – thanks to being indoors and taking extra hot showers – so bring back skin's natural glow with an intense moisture hit a few times a week. Invest in some body butters and hydrating face masks and watch as your whole body starts to glow...

## PRECIOUS OILS

Skin can lose its dewiness in winter, which means it's time to shake up your moisturising routine. Switch your normal body lotion for an enriched oil to leave skin feeling soft and supple. After jumping out of the shower, massage the oil into your skin to add a gorgeous sheen.

Strawberry Beautifying Oil
$25.95
THE BODY SHOP

When Hope Is Not Enough Omega 3.6.9 Replenishing Oil
$60
PHILOSOPHY

Body Butter Vanilla & Shea Butter
$19.95
DAVID JONES

Antioxidant Facial Oil
$44.95
MUKTI BOTANICALS

Drought Relief Hydrating Facial Gel Mask
$29.95
U LITTLE BEAUTY