

COSMOPOLITAN

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GET AN EMOTIONALLY IMPOTENT GUY TO OPEN UP p112



With the right appliance, you'll be crimped to perfection.



REMINGTON BODY WAVES IONIC, \$43.95.

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2. Gotta keep rollin'

Curling tongs are great, but not everyone gets the hang of them. Heated rollers are easy as! "Starting at the top of your head, roll large sections of hair into your largest rollers," says Argent. "As you continue down the back and sides, take smaller sections of hair and use smaller rollers. When you're done, lightly mist with hairspray and leave for five minutes. Remove the rollers and run your fingers through the curls to separate them."

FUDGE MEMBRANE GAS, \$19.95.



3. Crimp my style

Before you're flooded by flashbacks of your BFF crimping your hair before a disco, trust us when we say you'll be reaching for that iron soon. "Crimpers are being used in place of teasing," says Argent. "Starting at the roots, crimp sections through the body and crown area, leaving the surface. Brush out and style as usual." You'll be left with sexy volume and a new styling secret.



BABYLISPRO SUPER CRIMPER, \$69.95.

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1. Va va velcro

In the '80s, velcro might have been all the rage on wallets and shoes, but unlike those bad boys, your rollers are one item you should be thankful your mum held on to. "Much like the heated variety, velcro rollers achieve that loose curl easily. The only difference is that you need to add the heat," says Craig Argent, Fudge technical adviser. "They are best suited to medium-length, layered styles. After blowdrying, apply the rollers to your hair while it's still warm. Leave them in until your hair cools, then unroll and enjoy."



LADY JAYNE SELF-HOLD ROLLERS IN EXTRA LARGE, \$8.95 (PACK OF FOUR)

\$

"Try plaiting your hair in large sections, then crimping over the plait before letting it loose. The result is kinks and waves of varying size and direction."



Leigh, beauty editor



For a feminine and seductive fragrance, turn to p25.