

# COSMOPOLITAN

SEX CENSUS

## In Bed With Cosmo Readers

(We Can't Believe You Like That!!)

### CAREER SPECIAL!

Make More \$\$\$,  
Refresh Your  
Wardrobe & Get  
A Job You Love  
p103

HOW  
TO TALK  
SO HE'LL  
LISTEN



Bright,  
Shiny  
Makeup  
THE NEW  
NAIL, LIP & EYE

(Your  
Easy  
How-To,  
p184)

OCTOBER 2011

AUSTRALIA \$7.80 (inc. GST)  
NEW ZEALAND \$8.60 (inc. GST)

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acp

30  
DAYS  
OF FASHION  
& BEAUTY

## Katy

"I've Grown Up,  
Evolved & Changed"

### All The Single Ladies!

✓Diamond Ring  
✓Baby ✓House

"We're Having It All...  
Without A Man"

# 65

Sex Moves His  
Ex Didn't Do

# Celeb Style Buys

## SEXY SHOES, MUST-HAVE BAGS & CUTE DRESSES



You're Wearing  
The Wrong Bra!

Find Your Perfect Fit, p174



## FAST GLAM

### Barrel Tong

"Hot curling tongs are used to either curl or wave hair," says Shane Jones, owner of Shane Jones Hairdressing. "Using small sections of your hair (making sure that the ends are all in the barrel), roll it up horizontally and hold it there for about 10 seconds before unwinding. The result is flowing waves or luscious cylinder-like curls." Easy peasy!



REMINGTON PROFESSIONAL CURLS CURLS, \$43.95.

GARNIER FRUCTIS STYLE SLEEK & SHINE THERMO-ACTIVE TEXTURISING SPRAY, \$7.95.

**Tip:** Use a heat-protecting spray to ward off frizzed ends and fly-aways.



## PLAY WITH FIRE

(and don't get burnt!)

Not all curls are created equal. Customise your kinks by using the right appliance

### Hot Rollers

Old-school but effective! "Hot rollers create hair that's full of volume, bounce and curl," says Jones. "Work horizontally, wrapping the ends of your hair over the roller, then roll it up until you reach your scalp before pinning." You'll get curl at the ends and lift at the roots.



BABYLISPRO CERAMIC HAIR SETTER, \$159.95.

PANTENE PRO-V NIGHT MIRACLE LEAVE ON CREME SERUM, \$9.99.

**Tip:** Smooth a nightly nourishing serum on strands to restore moisture.



### Hair Straightener

A hot iron is great for creating a slicker curl or wave. "Take a section of your hair and clamp at the roots. Hold the iron on a diagonal, turning and rotating as you slide down to the ends." Start at the base of your hair and work towards the front layers. Using this technique will give you a tousled, but still glamorous, beachy look. Leigh Campbell ☐



THE CLOUD NINE IRON, \$270.

TRESEMME COLOUR REVITALISE SHAMPOO AND CONDITIONER, \$11.49 EACH.

**Tip:** Heat can fade your hair hue. Protect it with a colour-safe formula.



510 Fire

550 Cherry

520 Lava

220 Bubble

120 Cupid

130 Pink Lingerie

555 Orchid

570 Vintage

670 Violet

610 Lily

# REVLON

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