

DO LLY

We've found the trend that EVERY body can rock! See p22

APRIL 2012

TAYLOR
INSIDE MY
WORLD



THE
HUNGER
GAMES
POSTERS

MOON

HOW TO FEEL CONFIDENT IN ANY SITCH

25 ways to
AMAZING HAIR

- * OH SO PRETTY DOS
- * STYLING TRICKS
- * GET LONG HAIR & more!

Your top
20 DREAM JOBS HERE'S HOW TO GET 'EM

NEW BAND SPECIAL
READY TO START CRUSHING?

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BEAUTY
Workbook

Cut

Whether you go for the full chop or just a small change, here's our guide to the hottest cuts of the season.

Copy

#1 THE CUTE CROP

As seen on:
Emma Watson, Frankie Sanford, Michelle Williams, Carey Mulligan.

What to ask for:
"A pixie cut with choppy layers," says Jayne Wild, 2011 Hair Expo Australian Hairdresser of the Year. Layers suit those with round or heart-shaped faces while fringes complement oval and square faces.

Other stuff you need to know: Shorter hair requires more maintenance, especially if your hair is thick or wavy, so don't go for the chop if you don't want to visit your hairdresser every month.



Style with...

TEXTURISING PASTE GIVES A CHOPPY FINISH Garnier Fructis Style Camouflage Undetectable Moulding Paste \$8.95



KEEP YOUR FRINGE IN CHECK BY DRYING IT OFF USING A SMALL, ROUND BRUSH TO KEEP THE SHAPE Brushworx Styler Bottle Brush \$5.95



USE THE NOZZLE ON YOUR HAIRDRYER TO SMOOTH DOWN YOUR FRINGE Revlon Haircare Compact 1600 Dryer \$29.95



AMANDA SEYFRIED

#4 LONG & LAYERED

As seen on: Blake Lively, Amanda Seyfried, Shailene Woodley, Clémence Poésy, Nikki Reed.

What to ask for: "Long length with long layers throughout," says Jayne. "This look requires a strong edge with soft and messy interiors."

Other stuff you need to know:

"Don't do it all the one length, go for a more texturised style," says David. Got fine hair? You can still go long but don't go more than 5cm below your collarbones as it could look stringy.

Visit us at dolly.com.au
Hit up the Style & Beauty section to peep the hottest celeb hairstyles this season!

Want this look but don't have the length?

Take these tips to get longer hair in...

3 MINUTES... TRY EXTENSIONS

Clip-in extensions are the secret to celebs' ridiculously lush locks. Usually less damaging to hair than more permanent types, clip-ins like Schwarzkopf Magic Hair, \$44.95, are totally reusable and give you extra length and volume in an instant.

3 WEEKS... PROTECT & PROOF

What's stopping your hair from reaching new lengths? Breakage, baby. Diligently protecting your hair against heat tools, moisture

loss and the elements can add an extra centimetre to your strands in a month. Use a heat protectant before styling, a deep conditioning treatment once a week and a leave-in moisturiser after washing and you'll notice a difference in no time.

3 MONTHS... TAKE A SUPPLEMENT

Tablets containing fish oil or flaxseed oil and supplements like Blackmores Nails, Hair & Skin, \$20.95 (pack of 60), contain essential fatty acids, which over time can help strengthen the hair and promote growth.

Style with...



"FABULOUS LONG HAIR WILL STILL BE BIG NEWS THROUGHOUT 2012," SAYS BRAD. PUMP YOURS UP WITH A VOLUMISING MOUSSE
Tresemme 24 Hour Body Amplifying Mousse \$7.99



BRUSH OUT CURLS FROM UNDERNEATH TO LIFT HAIR AND ADD BOUNCE
Lady Jayne Smoothing and Detangling Brush \$14.99



WRAP SECTIONS AWAY FROM THE FACE. THE LARGER THE TONG, THE LOOSER THE CURL
BabylissPRO Ceramic Curling Irons 38mm \$87.95

Cute hair CALCULATIONS

Yes, it's maths, but it's totally the fun kind!

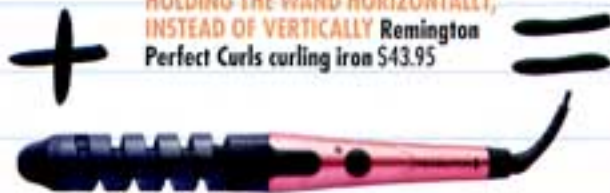
THE CURLY WURLY

As seen on...
Chloë Moretz



A LIGHT SMOOTHING CREAM WILL GIVE HOLD, DEFINITION AND SHINE TO YOUR CURLS

Goldwell Curl Love Curl Cream \$22.95



THE NAME DOESN'T LIE – THIS STYLER MEANS PERFECT CURLS, MADE EASY. GET CHLOË'S LOOK BY HOLDING THE WAND HORIZONTALLY, INSTEAD OF VERTICALLY

Remington Perfect Curls curling iron \$43.95



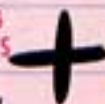
THE STRAIGHT & SLEEK

As seen on...
Nina Dobrev



COMB A DOLLOP THROUGH TOWEL-DRIED HAIR BEFORE STYLING, THEN MORE POST-STRAIGHTENING FOR SHINE LIKE NINA'S

Schwarzkopf Extra Care Straight & Glossy Zero Frizz Straightening Creme \$8.99



THIS STYLER HAS KERATIN-INFUSED PLATES. HELLO, SHINE-FACTOR 5000

Remington Smart Sensor With Keratin Therapy straightener \$103.95



THE CUTE KINKS

As seen on...
Elizabeth Olsen



THIS WILL GIVE YOUR WAVES GRIT AND STOP THEM DROPPING

Schwarzkopf Professional Osis+ Style Shifters Liquid Texturising Spray \$19.95



WRAP LARGE SECTIONS OF HAIR AWAY FROM YOUR FACE AND TEASE THEM BETWEEN YOUR FINGERS FOR ELIZABETH'S LAIDBACK LOOK

Revlon Haircare Ceramic Tourmaline Curling Iron 25mm \$39.93



THE BEACHY WAVES

As seen on...
Elle Fanning



SPRITZ ON DAMP HAIR AND SCRUNCH AS YOU STYLE

Fudge Urban Sea Salt Texturising Spray \$10.99



CLAMP RANDOM SECTIONS AND HOLD FOR 10 SECONDS MAX. THIS WILL GIVE YOU THE NOT-TOO-PERFECT, UNDONE TEXTURE

ELLE'S ROCKING BabylissPRO Jumbo Ceramic Triple Barrel Waver \$94.95



THE BOUNCY BLOW-WAVE

As seen on...
Lea Michele



THIS WILL GIVE HAIR BODY AND MAKE YOUR STYLE LAST LONGER TOO. APPLY TO DAMP ROOTS AND COMB THROUGH

John Frieda Luxurious Volume Root Booster \$15.99



THIS DRIES AND STYLES AT THE SAME TIME FOR A BIG, BOUNCY FINISH

VS Sassoon Big Hair Styler \$99.95



Lash dance

Want flirtier lashes in a flash? Here's how to be a pro at the faux.

RETOUCH FREE ZONE

How-to:

Make-up artist Rachel Montgomery gives us the low-down on lashes.

1 Measure it

If the strip is too long for your eye it will be super uncomfortable, so always trim it to size. "To measure the strip, tilt your head back and lay your lashes along your eye line," says Rachel. "Then cut the strip to size, from the outer edge in."

TIP: Hold the strip at both ends and flex it gently a few times. This will give it a curved shape so it fits snugly against your lash line.

2 Glue it

Put a drop of eyelash glue on the back of your hand and run the strip through it. "Leave it for 30 seconds to allow the glue to become tacky so the lashes are easier to place."

Duo False Lash Adhesive \$15.95



TIP: Falsies can flick up at the sides after a few hours of wear, so be sure to apply glue well to each end.

1 30 DOLLY DOLLY.COM.AU

We used Lash Republic Parisian Romance lashes, \$25.



3 Apply it

Using tweezers, drape the falsies along your lash line. "It's easiest to apply the middle of the strip first, then work outwards," says Rachel. Try to get them as close to your natural lash line as possible.

Tweezerman Mini Slant Tweezer in Paw Print \$26.95



TIP: To get the best view of your lash line, tilt your head back or look down into a mirror.

4 Secure it

Keeping your head tilted back, gently pinch your falsies and your natural lashes together as the glue dries.

5 Blend it

Finish your look with a couple of coats of mascara to both your top and bottom lashes. This will help blend your falsies and natural lashes together for a more natural look – you don't want them to be super obvious. "If you want to wear eyeliner too, apply it at this point, using your falsies as a guide," says Rachel.

LASHES TO LOVE

Widen your horizons and your eyes with a wardrobe of lashes.

FLUTTERY:

BYS Forever Innocent lashes \$6.95



LACEY:

Napoleon Perdis Lady Fern lashes \$22



SPARKLY:

Smilink Divine Crystal lashes \$26.40

