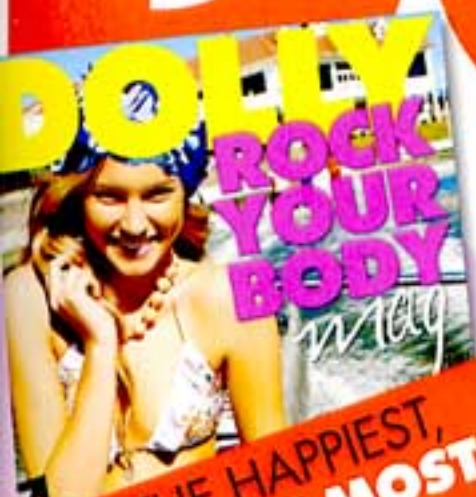


# DOLLY

OCTOBER 2011



BE THE HAPPIEST,  
HEALTHIEST MOST  
CONFIDENT  
**you**

Bonus  
mag  
inside!

# 100+

FASHION FINDS  
**UNDER \$100**

**SPECIAL OFFER**

VALUED AT **\$16.95**  
**FREE**  
MAYBELLINE NY  
**GEL LINER**

OFFER NOT AVAILABLE IN NZ. CONDITIONS APPLY. SEE p72 FOR DETAILS

Make your **dreams**  
**COME TRUE**

(AS TOLD BY THE PEOPLE  
WHO ALREADY HAVE!)

**Selena**  
on bullying,  
break-ups &  
the Biebs!

**EVERYTHING**  
YOU NEED TO  
KNOW ABOUT  
MAKE-UP  
*Seriously*

How to get  
a **CELEB**  
**FOLLOWER**  
on Twitter

YOUR  
**BIGGEST GUY**  
**QUESTIONS**  
ANSWERED



**POSTERS! POSTERS! POSTERS!**



RETOUCH



FREE ZONE

SASHA, 14

**HOW-TO:**

Pretty for a party or the movies, natural waves are always a great go-to style.

*Textured waves*

**STEP 1**



Spray a texturising product through towel-dried hair. This will give your curls hold but won't make them look TOO perfect.

Garnier Fructis Style Thermo-Active Texturising Spray \$7.95 Redken 5th Avenue NYC Fabricate 03 Heat-Active Texturizer \$28.95



**STEP 2**



Using a blow-dryer, dry off your hair completely, making sure to smooth the hairline and any kinks.

VS Sassoon Ultimate Salon Dryer \$72.95



**STEP 3**



Divide your hair into large, horizontal sections, starting at your eyeline. You should have around four or six

sections, depending on the thickness and length of your hair. Holding a medium-sized tong horizontally, curl each section. Alternate between wrapping sections away and towards your face for a dishevelled finish.

BaBylissPRO Ceramic 25mm Curling Iron \$82.95 Gliders Mega Grip Crocodile Sectioning Clips \$4.95 (pack of 2)



**TIP:** DIVIDING YOUR HAIR AT YOUR EARLINE MEANS THE CURLS WILL START AT YOUR CHEEKBONES.

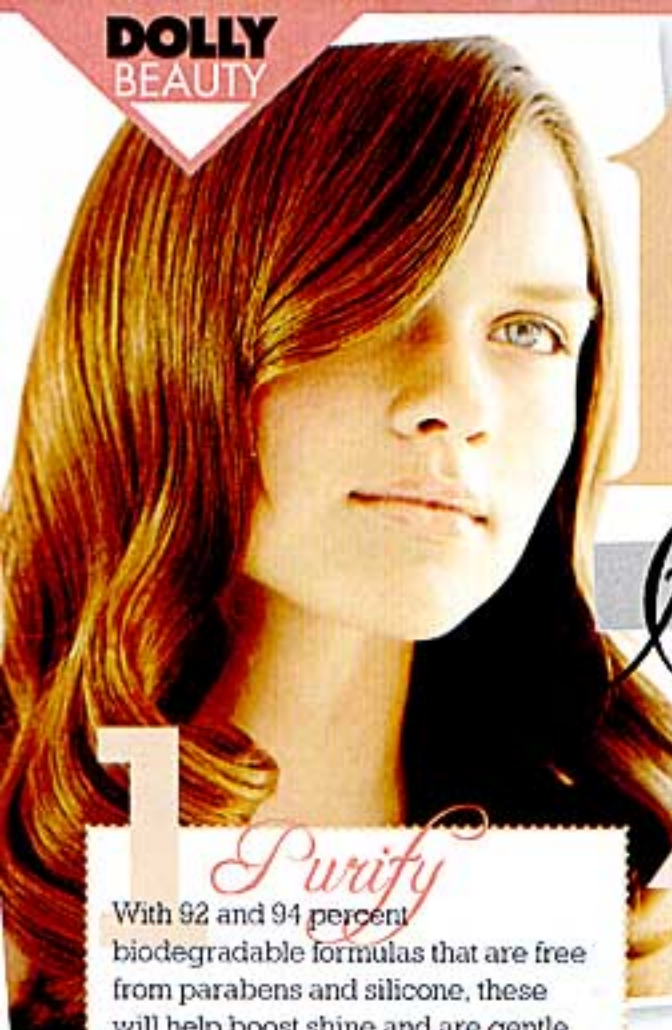
**STEP 4**



When you've finished, run a wide-toothed comb through the lengths to soften the curls. Spritz with a light to medium hold hairspray, shaking hair between your fingers.

Revlon Haircare Ionic Anti-Static Wet Hair & Prep Comb Combo \$8.95 L'Oréal Paris Elnett Satin Normal Strength Hairspray \$9.95





# 10 HAIR REHAB BUYS

Treat your tresses for less than the price of a movie ticket.

*(for \$10 and under!)*

## Pump up the volume

Want a bouncy 'do that would make Selena jealous? Head to your chemist for some good old-fashioned velcro rollers! Roll a few at the crown of your head and blast with a hairdryer. Once cooled, take them out. Voilà, volume!

**Hair FX 40mm Self Gripping Rollers \$4.95 (pack of 6)**



## Purify

With 92 and 94 percent biodegradable formulas that are free from parabens and silicone, these will help boost shine and are gentle enough to use every day. The fresh apple scent will make you want to eat them ... But don't!

**Garnier Fructis Pure Shine Shampoo and Conditioner \$5.95 each (available from Priceline)**



## Add shine

A good leave-in conditioner will boost your hair's moisture factor. This one is great on damp lengths and light enough to spritz onto dry hair for a daily dose of moisture and shine.

**L'Oréal Paris Elvive Nutri-Gloss Conditioning Shine Spray \$6.95 (available from Priceline)**



## Make the switch

That ponytail you rock every day looks cute but it could be causing major breakage if you're not doing it right. Save your strands by always using non-damaging hair elastics, which won't rip or break your hair.

**Scünci No Damage Hair Elastics \$8.95 (pack of 18)**



## Shift your shade

Bored with your hair but don't want to cut it? These colours can give you a whole new look, liven your natural hair shade or stop blondes from going brassy. And, best of all, they wash out after eight washes, so zero commitment!

**Schwarzkopf LIVE Colour in Natural Brown \$4.89 (available from Priceline)**



## Brush hour

Not only does daily brushing smooth your hair and make it shiny, it also massages your scalp, stimulating circulation and promoting healthier hair growth. Just remember to go easy, as rough brushing can cause breakage and split ends.

**The Body Shop Mini Bamboo Hair Brush \$9.95**



## Deep treat

Post-winter locks need extra attention with a super conditioning treatment. This works to nourish every last strand from the inside out, and strengthens the hair's surface.

**Pantene Pro-V Deep Fortifying Treatment \$6.99 (available from Priceline)**



## 3 Layer it

Personalise your pony by layering clips above your ear on one side of your head. Keep this look fresh by sticking to two or three clips in colour-coordinated shades.

1 **Diva clips \$8.95 (pack of 6)**  
2 **eQuip clip \$5.99 (pack of 2)**



## Freshen up

The ultimate post-PE class pair, use the dry shampoo to freshen up, then spritz the mist all over to revive your style, enhance shine and make your mane smell pretty!

1 **Cedel Dry Shampoo \$7.99**  
2 **TRESemmé Fresh Start Refreshing Mist \$7.99 (available from Priceline)**



## Cap it

Shower caps protect your hair from style-ruining steam and water, meaning less need to touch-up with your tong or straightener afterwards, and less damage to your hair in the long run. Man, those nannas sure are onto something!

**Wicked Sista Shower Cap \$9.95**

