

DOUGLASS

SEPTEMBER 2011

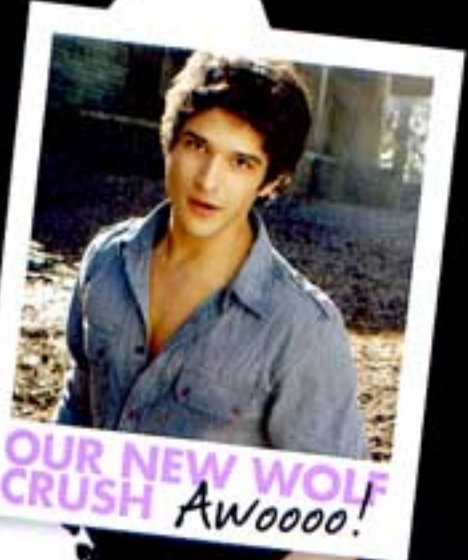
ED LEIGHTON 
(and so do we!)

This way to BOYFRIEND
Win his heart
AND keep it

20
EASY WAYS TO REDO YOUR ROOM

If one thing could **FIX YOUR SKIN** it's on p120

5 WAYS YOU CAN CHANGE THE WORLD



OUR NEW WOLF CRUSH *Awoooo!*

Spring AWAKENINGS

- ✓ NEW SEASON
- ✓ NEW ATTITUDE
- ✓ NEW YOU

'I found out I had a secret sister'
And 5 more juicy real-life reads!

SEPTEMBER 2011 • AUGUST 25/30/31 • NZ \$6.95 • G.P.
PRINT POST APPROVED PPF25000300546 NO. 489

0.9



9 513006 1000600

30 DAYS OF FASHION & BEAUTY SEPT 2011

acp

261 INSTANT FASHION UPDATERS (FROM JUST \$4.95!)

DOLLY'S

GREAT

Hair Guide

From tools to products to styles, we've got your tresses covered!

Head gear

Too many tools to choose from? No probs! Read our beauty hit list ...



LEIGHTON MEESTER

CURLING WAND

WHAT IT DOES: Creates a flicked curl with lots of movement and bounce.

BEST FOR: Medium to long hair.

HOW TO USE IT: Clamp the ends of a section of hair and roll up. Hold for five seconds, then release. Remember the bigger the section, the bigger and looser the curl.



TRY: VS Sassoon Ultimate 32mm Nano Curling Tong \$59.95

CONICAL TONG

WHAT IT DOES: Makes tighter, beachy ringlets that are the same width from top to bottom.

BEST FOR: Long hair.

HOW TO USE IT: Pointing the narrow end of the wand down, wrap 2cm-wide sections around it and hold. After you've curled all of your hair, leave for defined ringlets or comb through for a softer finish.



TRY: Remington Tribal Tong \$53.95



TAYLOR SWIFT



WHITNEY PORT

TRIPLE BARREL TONG

WHAT IT DOES: With wider plates, this jumbo tong gives you soft and natural, undone waves.

BEST FOR: All lengths.

HOW TO USE IT: For a messier, beachy finish, clamp randomly across your head. Or, for a look like Whit's, keep your waves uniform by working down wide sections, beginning each clamp where the last one finished.



TRY: BaBylissPRO Jumbo Ceramic Triple Barrel Waver \$94.95

HOT ROLLERS

WHAT THEY DO: Create bouncy hair with lots of volume. The bigger the roller, the bigger the curl. So if you're after extra body rather than a defined curl, go for larger rollers.

BEST FOR: All lengths.

HOW TO USE THEM: Divide your hair into eight to 10 sections. Wrap each section around a roller and leave to cool for 20 minutes before removing. Brush through to finish.



TRY: Remington Body Waves \$43.95



SELENA GOMEZ

Your Saturday night 'do sorted!

IF YOUR HAIR IS: WAVY

A low bun works well with your naturally soft volume. Use a little smoothing cream or serum through your lengths to fight flyaways. Twist your hair into a rope at the nape of your neck, then pin into a bun shape and mess softly with your fingers.

John Frieda FRIZZ-EASE Original Formula Hair Serum \$23.99



LESLEY, 16

IF YOUR HAIR IS: FINE

A deep side part gives the illusion of more hair and plaits are always cute! Beef up your style by applying a volumising mousse to damp roots before blasting your hair upside-down with a hairdryer until dry.



Garnier Fructis Volume Restructure XXL Mousse \$7.35



KATHERINE, 16

IF YOUR HAIR IS: SUPER CURLY

Make the most of your natural texture with a high pony. Banish frizz by applying a curl defining, lightweight gel to wet hair before blow-drying slowly with a diffuser.

Redken 5th Avenue NY Soft Spin \$29.95



YASMIN, 15

IF YOUR HAIR IS: THICK

Top knots are quick and easy and this season, the bigger the better! For this look, pull your hair into a high pony then loosely plait your lengths, securing with an elastic at the end. Soften and widen the plait between your fingers and twist it around the elastic into a bun. Pin into place.

Hair FX 2" bobby pins \$3.50 (pack of 60)



ALYSSA, 17



Brush up!

2011 Hairdresser of the Year Jayne Wild tells us about the must-have brushes.

THE PADDLE BRUSH:

"Great for everyday use to keep your lengths glossy and tangle-free," says Jayne. Salon Smart Headstart Paddle Brush \$14.95



THE ROUND BRISTLE BRUSH:

"Essential for blow-drying hair smooth and straight." Brushworx Ebony Radial Boar Bristle Brush \$18.95



THE CERAMIC ROUND BRUSH:

"Helps create extra movement when blow-drying and leaves a glossy finish," says Jayne. "Use it after you've used your round bristle brush to give your hair extra bounce or to create flicks at the ends." Revlon Haircare Perfect Style Ion + Ceramic Porcupine Round Brush \$13.95



Dolly tip:

IT'S WORTH INVESTING IN GOOD QUALITY BRUSHES. NOT ONLY ARE THEY LESS DAMAGING TO YOUR HAIR, BUT THEY'LL LAST MUCH LONGER, TOO. THEY ACTUALLY SAVE YOU MONEY IN THE LONG RUN!

Fringe benefits

Thinking of going bold with new bangs? Check out your face shape first.

ROUND

TRY: Longer, fuller, sweeping fringes.

WHY:

The heavier cut and soft edges complement a rounder face.



EMILY BROWNING

OVAL

TRY: All types of fringes.

WHY: Oval faces are perfectly balanced, so most hairstyles will suit these lucky ducks!



LEA MICHELE

SQUARE

TRY: Longer, chin-length layers.

WHY: A blunt fringe will shorten a square face and accentuate the jawline. Longer, flowing layers will soften harsh angles.



RACHEL BILSON

HEART-SHAPED

TRY: A side-swept fringe.

WHY: Side fringes draw attention to the eyes, balancing out top-heavy faces.



AIMEE TEEGARDEN

WHAT'S YOUR PRODUCT?

The five products worthy of a prime position in your bathroom cabinet.

A leave-in conditioning spray or cream

USE: Post-wash on towel-dried hair from the mid-lengths, down.

WHY IT ROCKS: It helps add moisture to damaged hair and will give any style a smooth finish.

L'Oréal Paris Hair Expertise EverPure Moisture Leave-In Conditioner \$14.95



A heat protector

USE: All over after your leave-in treatment and before blow-drying.

WHY IT ROCKS: Even if you condition your hair as often as you change your underwear, you still need to protect your strands against the damaging effects of styling tools like straighteners and blowdryers.

Dove Heat Defence Protect & Shine Mist \$7.99



A smoothing serum

USE: On dry hair after styling.

WHY IT ROCKS: It adds shine and helps your hair retain moisture so your style looks smooth and polished. It also tames flyaways.

Organix Vanilla Silk Serum \$17.99



A styling spray or mousse

USE: On damp hair before you start styling.

WHY THEY ROCK: The foundation to any style, these give you extra body and grit to make your 'do last longer.

For natural, beachy looks: ghd Sea Spray \$35

For big, bouncy 'dos: Tresemmé 24 Hour Body Amplifying Mousse \$7.99

To give volume to straighter styles: Matrix Total Results Amplify Wonder Boost Root Lifter \$24.85



A hairspray

USE: On dry hair to finish your look.

WHY IT ROCKS: Not as crunchy and sticky as they used to be, hairsprays can add shine, smooth frizzies and finish your style, as well as help it last longer.

Garnier Fructis Style Elastic Power Fix in Extra Strong \$5.95

