

HUGE DOUBLE ISSUE! DIET & BODY SPECIAL

ALL NEW PICS!

# FAMOUS



GWEN

## BOTOX & GONE BAD



BRITNEY

HILARY

KIM

MORE INSIDE

EXCLUSIVE!  
ONLY  
IN FAMOUS



## KARDASHIAN

# TRAINER TELLS ALL

- KHLOE BINGES ON 5,400 CALORIES A DAY
- KRIS EXERCISES IN THE NUDE
- KIM HAS A GYM PA TO WIPE HER SWEAT

PLUS

## 100 CELEB SLIMMING SECRETS



BANANA BINGES

FROZEN GRAPES

GRAPEFRUIT OIL

## LOVE CHILD SCANDALS



THE REAL REASON HE LEFT

## ONE D'S ZAYN BAILS FOR A BABY!

PLUS...

## PATRICK'S SECRET CHICK PREGNANT



APRIL 13, 2015  
AUST \$450 (INC GST)  
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PP 100007940

# FRIDAY NIGHT FAMOUS

GOT YOUR PARTY OUTFIT SORTED? TIME TO PIMP YOUR BEAUTY GAME WITH THIS WEEK'S CELEB-INSPIRED TREND

ERIN HEATHERTON



**GHD** Paddle Brush, \$34, [www.ghdhair.com](http://www.ghdhair.com)

**DESIGNER BRANDS**  
Beyond Amplifying Mascara, \$12.99, [www.dbcosmetics.com.au](http://www.dbcosmetics.com.au)

**IMPULSE** Body Spray in Romantic Spark, \$4.95, 1800 061 027

**JOICO** Texture Boost Dry Spray Wax, \$25.95, 1300 764 437

**TRESEMMÉ** Salon Finish Extra Hold Hairspray, \$3.99, 1800 061 027

**L'ORÉAL PARIS** Glam Matte Intense Matte Gloss in Skinny Tangerine, \$21.95, 1300 659 359

**ARDELL** Brow Sculpting Gel in Clear, \$8.99, 02 8709 8800

**KÉRASTASE PARIS** Discipline Fluidissime, \$46, 1300 365 552

**SILVER BULLET** City Chic Large Ceramic Conical Curling Iron, \$49.95, [www.datelinecity.com](http://www.datelinecity.com)

## TREND TO TRY: POPPY LIPS

- 1 Mist damp hair with a heat-protectant spray, comb through thoroughly, then blowdry smooth.
- 2 Using a hot tong, loosely curl hair (winding away from your face) for natural movement. Spritz with hairspray for hold.
- 3 Once cool, muss up curls with your fingertips, then apply a texturing product to lengths.
- 4 Groom brows with a clear gel, then apply mascara. Swipe on a poppy gloss for juicy lips.
- 5 Apply a romantic scent to the nape of your neck so it wafts when you swish your hair.

