

# InStyle

AUSTRALIA

YOUR PERSONAL STYLIST

**254**  
**BEST**  
**web**  
**BUYS**  
PLUS TOP SITES  
FOR DESIGNER  
STEALS

**Jennifer  
Aniston**  
On her boyfriend,  
that body & what  
makes her feel sexy

**LAYERING  
MADE EASY**

**THE RED  
CARPET  
SECRETS**  
THAT WORK  
IN REAL LIFE!

**10** FAST  
WAYS TO  
SHINY HAIR

**classics  
MADE  
COOL!**

**HOW TO REVIVE YOUR  
WARDROBE STAPLES**

INSTYLEMAG.COM.AU



APRIL 2012 \$8.20 (INCL. GST)  
NZ\$9.20 (INCL. GST)

PP 255003/08793

1 DAY BEFORE

# CHANGE YOUR LOCKS

Hairstylist Giannandrea Marongiu has three words for you: Big! Bold! Beautiful!

## Wrap it up

If you find your locks have a mind of their own when it comes to big night beauty, try this: the day before your event, soak hair in warm water, apply a deep conditioning mask, then wrap hair in aluminum foil. Let it sit for 30 minutes. "Your hair will feel smoother and be more manageable when styling."



John Frieda Luxurious Volume Anytime Volume Refresher Dry Shampoo, \$15.99; 1800 468 318

## Roll, baby, roll

On the day of the event, plug in your hot set. "Rollers yield big, sexy waves, and they're easy to use," says Marongiu. Divide hair into eight sections. Starting at the root, twist each piece before you wrap it around a roller (rolling flat results in ringlets). Leave rollers in for 30 minutes, then gently brush out curls. "Don't stretch the hair, or it won't stay bouncy," he warns.



Silver Bullet World-wide Hot Roller Travel Set, \$44.95; 1800 251 215



**THE PRO**  
Giannandrea Marongiu  
**CLIENTS** Kirsten Dunst, Julianne Moore, Hilary Swank

## Live large

When styling hair before your night out, spray dry shampoo on roots and ends, then work in with your fingers to create fullness. "Dry shampoo grabs hold of the product you apply right after, so it's a great way to add texture," he says.

"Beautiful hair is clean, ethereal, and never overworked."

1 WEEK BEFORE

# BOOST YOUR COLOUR

All you need is a cup of vinegar and a few drops of lavender oil, says colourist Lorri Goddard-Clark.



**THE PRO**  
Lorri Goddard-Clark  
**CLIENTS** Jennifer Garner, Nicole Kidman, Reese Witherspoon

## Dye hard

Colour needs time to set, so do it at least one week before a big event, says Goddard-Clark of Privé Salon in LA. If you're colouring at home, do a test strand first. End result too dark? Mix 1 cup baby shampoo and 2 tbsp of baking soda; apply to your hair and leave it for five minutes. About 80 percent of the colour should come out when you rinse.



## Get it glossy

To maximise your colour the day before, rinse hair with a solution of 1 cup distilled vinegar, 1 cup chilled water, and a few drops of lavender essential oil (to counter the smell). The acidity of the vinegar "will close down the hair's cuticle, creating the shiniest hair ever," says Goddard-Clark.



**Q** How can I get my long, side-swept fringe to stay in place?

**A** The secret is simple: water. "Starting with wet hair gives you more control," says LA stylist Cervando Maldonado, who has worked with Reese Witherspoon. After shampooing, mist your damp fringe with a volumising spray, and run a little mousse over the ends to add body and help strands hold their shape. Then place a small round brush underneath the roots and pull it through the fringe, directing it off to the side as you blow-dry. When you've finished, spritz with hairspray and gently rub some styling paste over the tips so that they stay together.

John Frieda Luxurious Volume Thickening Texture Paste, \$15.99; 1800 468 318. Ojon Dry Recovery Conditioning Volumizing Foam, \$38; 1800 004 507



**Q** I bought a lipstick that looks darker on me than I would like. Is there a way to salvage it?

**A** Yes! The idea is to simply create a lighter base beneath the lipstick, says make-up artist Mylah Morales, who has worked with Rihanna. First, slick on a coat of hydrating balm to prevent flaking. Then use a cosmetics sponge to apply a thin layer of concealer over your lips. Under-eye concealer will work just fine—and yes, dermatologists say it's safe to do. (A liquid or lightweight cream formula is preferable, as it will be less cakey.) When you put your lipstick on top, the colour will be closer to what you were hoping for.



*A sponge tip makes it easy to apply.*

Maybelline New York Instant Age Rewind Eraser Dark Circles Treatment Concealer, \$18.95; 1300 369 327



Chanel Recourbe Cils de Chanel Precision Eyelash Curler, \$42; 1300 242 635

Duo Eyelash Adhesive Waterproof, \$15.95; meccacosmetica.com.au



MAC 30 Lash, \$18; 1800 613 828; maccosmetics.com.au



Tweezerman Hot For Dots Mini Slant Tweezers, \$26.95; 1800 251 215

**Q** I've toyed with the idea of wearing false eyelashes, but I don't know how to do it. Help!

**A** If you're a faux-lash novice, you should probably start by using individual lashes, which look more natural and are easier to apply, says lash expert Courtney Akai. First, curl your lashes, which makes the roots more visible. Then, apply a tiny dot of eyelash adhesive to the back of your hand. Using tweezers, pick up a single fake lash by its tip. Dip its base into the glue, and softly press it in between the roots of the hairs at the outer corner of your upper lash line. Repeat with two or three more individual falsies (keep them near your outer corner for the most realistic effect); then do the other eye. Allow glue to dry for at least five minutes, and sweep mascara over all your upper lashes to help everything blend. The process takes practice, but you can steady your hand by anchoring your elbow on a stack of books, says Akai.