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NOVEMBER 2013 \$12.95 (INCL. GST)
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10-MINUTE HAIRDOS

Don't bother washing your hair this morning. These quick and easy styles work best on days when you skip the shampoo and will give your hair a much-needed break from heat styling. Plus, they're impossibly chic...

BUMPED-UP Ponytail

Step 1 Begin with dry, straight hair. Tease the crown, working with small sections of hair from the lower layers to the top. Nina Dobrev's stylist, Riawna Capri, recommends shaking a little volumising powder onto the roots after back-combing each segment. "It provides texture for a lot of lift," she says.

Step 2 Gather the top and side sections together then fasten them into a high ponytail with an elastic. Make sure the sides are tight and smooth and the top section retains its volume. Set with hairspray.

If there's time Take a small section of hair from the underside of your ponytail and use it to create a thin braid. Wrap the braid around the elastic and secure underneath the ponytail using crisscrossed bobby pins.



Brushworx Styler Porcupine Teasing Brush, \$7.95; 1800 251 215. Toni & Guy Hair Meet Wardrobe Casual Sculpting Powder, \$16; 1800 061 027.



NINA DOBREV

FIVE TOP TIPS TO MINIMISE FRIZZ

1 DON'T WAIT "Apply anti-frizz cream to wet hair—the water will help to distribute the product more evenly," says Morgan Willhite of haircare brand Ouidad.

2 USE YOUR HANDS If you have curls, "never use a comb to tame frizz. Smooth hairspray or pomade onto your palms and run it over flyaways," says Willhite.

3 DEEP CONDITION "Dry hair is more prone to frizzing. Use a hair mask weekly for hydration," says New York-based hairstylist Kattia Solano.

4 REVERSE SPRAY "Lift up the hair from your neck and spritz hairspray down onto the roots to stop sweat reaching your strands," says hair expert Paul Hanlon.

5 GET A GLAZE "A monthly gloss treatment will seal the cuticle, smooth away frizz and boost shine," says Kyle White, lead colourist at Oscar Blandi Salon in New York City.