

# New Idea

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**OUR NEW  
princess  
BOND**

## MARY & KATE WE'RE BEST FRIENDS!



The Block's  
Jenna &  
Josh

**HEADING  
DOWN  
THE AISLE!**



**OLIVIA BETRAYED**

**THE WEDDING'S OFF  
HE'S ALREADY MARRIED!**

**DANIEL'S FAMILY**



**OUR  
FIGHT  
FOR  
JUSTICE**

**PLUS** Key witness reveals:  
'I could've saved him'

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# Beauty News

YOU  
Beauty



Get Kate's full, flowing hair at home – no stylist needed!

## 4 STEPS TO GREAT VOLUME!

Hair looking flat? Get shiny, healthy locks fast



**1** Apply a good-quality volumising product to towel-dried hair, massaging into your scalp.  
**TIP** Volumising products are essential. Start with a volumising shampoo and layer styling products in your hair for extra hold.



**2** Tip your head over and blast with the blowdryer from below until 80 per cent dry.  
**TIP** Invest in a good hairdryer, something with a bit of guts to make the job easier – and always use a heat protection product!



**3** Starting at the roots, work a round brush up and out, shadowing the brush with your blowdryer.  
**TIP** Buy a good quality brush – ceramic brushes give lots of lift to hair, and leaving the brush in at each section will give amazing volume.



**4** To create added lift, use hairspray in the roots of your hair and finally spray all over to complete the style.  
**TIP** Before setting the hair, blast it with the cool setting of your blowdryer to smooth hair and blend the sections together.

**V**olume is back! Do you want to create thicker and younger-looking hair – just like Kate Middleton's – in an instant? Pass the blowdryer!

Jayne Wild (above), Australian Hairdresser of the Year 2011, is all for it. 'Fuller hair is so much more flattering,' she says.

Follow Jayne's easy tips to make the most of your tresses and bring big hair back into your life.

### TOOL KIT

What you'll need to get the look...



Schwarzkopf Extra Care Ultimate Mousse Ultimate Hold 5, \$4.99

Brushworx Keratin 230 Collection, \$19.95

VS Sassoon Ultimate Salon Dryer, \$72.95



BEAUTY DIRECTOR'S FAVE

Chloe Rose Ltd Ed, \$130



Soft and feminine, this will transport you to a beautiful rose-filled garden in full bloom. Heavenly heading into spring!

Got a beauty question? Email [beauty@newidea.com.au](mailto:beauty@newidea.com.au)

### Splurge or save NAIL IT!

Navy nail polish is the new alternative to basic black – not quite as harsh but still oh-so-classy. Make sure you keep nails short and use a base coat to prevent yellowing.



SPURGE DIOR VERNIS EXTREME WEAR NAIL LACQUER, TUXEDO, \$39

SAVE REVLON TOP SPEED FAST DRY NAIL ENAMEL, ROYAL, \$15.95

