

BONUS! AUSSIE TRUE CRIME CASEBOOK

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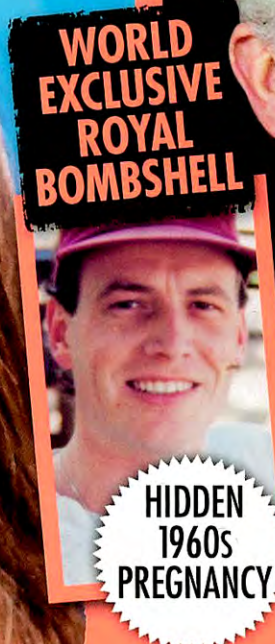


New Ideas



Jen Aniston

DIVORCE WON'T BREAK ME WHY I HAD TO WALK OUT



I'm Charles & Camilla's SECRET SON

AUSSIE MAN'S SHOCKING PROOF



'I COULDN'T STOP CRYING'



BEC'S TALK SHOW SHOCK I'M THE NEW OPRAH



Yum! **NEW EASTER TREATS**

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RICHIE'S FOUND LOVE ALREADY MEET THE NEW BACHELOR GIRLS!

BETTER HAIR

More time to spare!

Steal back your day with these clever hair tips...

Stars such as Julia Roberts are doing this messy 'loose ends' bun - even on the red carpet!

FIGHT FRIZZ BEFORE IT HAPPENS

'Fizzy hair is damaged hair,' says celebrity hairdresser Charles Worthington. He believes the best thing you can do is add moisture to your hair to help prevent the damage in the first place. The easiest place to start is with your shampoo and conditioner - switch to one that says it's 'hydrating' or 'moisturising', to add nourishment each time you shower. Oils or oil-enriched treatments are also another great way to restore your hair's softness, if used regularly.



D Dove Daily Moisture Shampoo, \$6.89.

E OGX Hydrate + Repair Argan Oil of Morocco Creamy Hair Butter, \$13.49.

THE EASIEST STYLE EVER

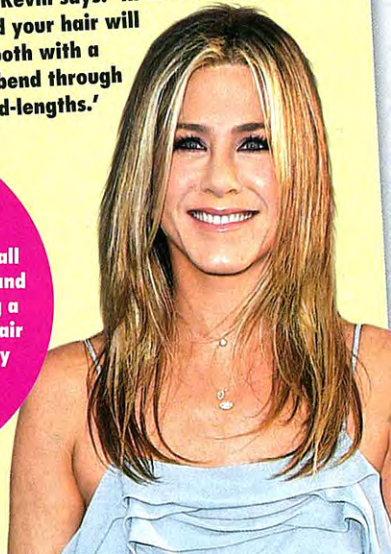
Good news! The most on-trend updo is also the quickest hairstyle to pull off. Celebrity hair stylist Kevin Murphy tells us how: 'Create a ponytail first and then backcomb the pony to create some flyaways. Twist the ponytail around to create a bun and, using bobby pins, secure as you go, making sure you attach the bun to your scalp so it stays in.'



WHERE TO BUY: Ambiance ambianceaustralia.com.au, Charles Worthington 1800 809 282, Dove 1800 061 027, Eleven 1800 104 204, Kevin Murphy 1800 104 204, Lady Jayne 1800 651 146, Muk 1300 768 264, OGX priceline.com.au, Remington 1800 623 118, Shu Uemura 1300 651 991, Silver Bullet 1800 251 215, Tangle Teezer tangle-teezer.com.au, Tresemme 1800 061 027, VS Sassoon 1800 650 263.

JENNIFER ANISTON'S HAIR HACK

Jennifer Aniston swears by sleeping with her hair in Princess Leia buns. 'The next day [my hair] has a nice wave,' she says. Simply brush your hair and put it in two buns on the side of your head. 'It's easy to do,' Kevin says. 'In the morning, shake out and your hair will be smooth with a slight bend through the mid-lengths.'



SPEED UP YOUR BLOW-DRY

Haven't updated your hair dryer in a while? Upgrading to a more powerful version could majorly cut down the time it takes to dry your hair. 'It all comes down to the quality of the motor,' says three-time Australian Hairdresser of the Year Joey Scandizzo. The more powerful the motor, the more force it uses to dry your hair fast.

A Remington Shine Revival, \$69.95. **B** Silver Bullet City Chic Hair Dryer, \$69.95. **C** VS Sassoon Diamond Brilliance Ionic Ceramic AC Dryer, \$69.95.



\$AVE

You don't have to spend hundreds to get a quality dryer anymore. These three all have super-powerful motors and multi-heat settings, including a cold blast (essential to help hair 'set' in place after you apply the heat, explains Kevin), and they all come in under \$70!