

BONUS! PULL-OUT MAG!

OK!

BEYOND THE RED CARPET

**Ricki-Lee:
HOW
I LOST
30KG!**



Jen's big news
**WEDDING
& A BABY**



Kim's official

**BRIDAL
SHOWER**

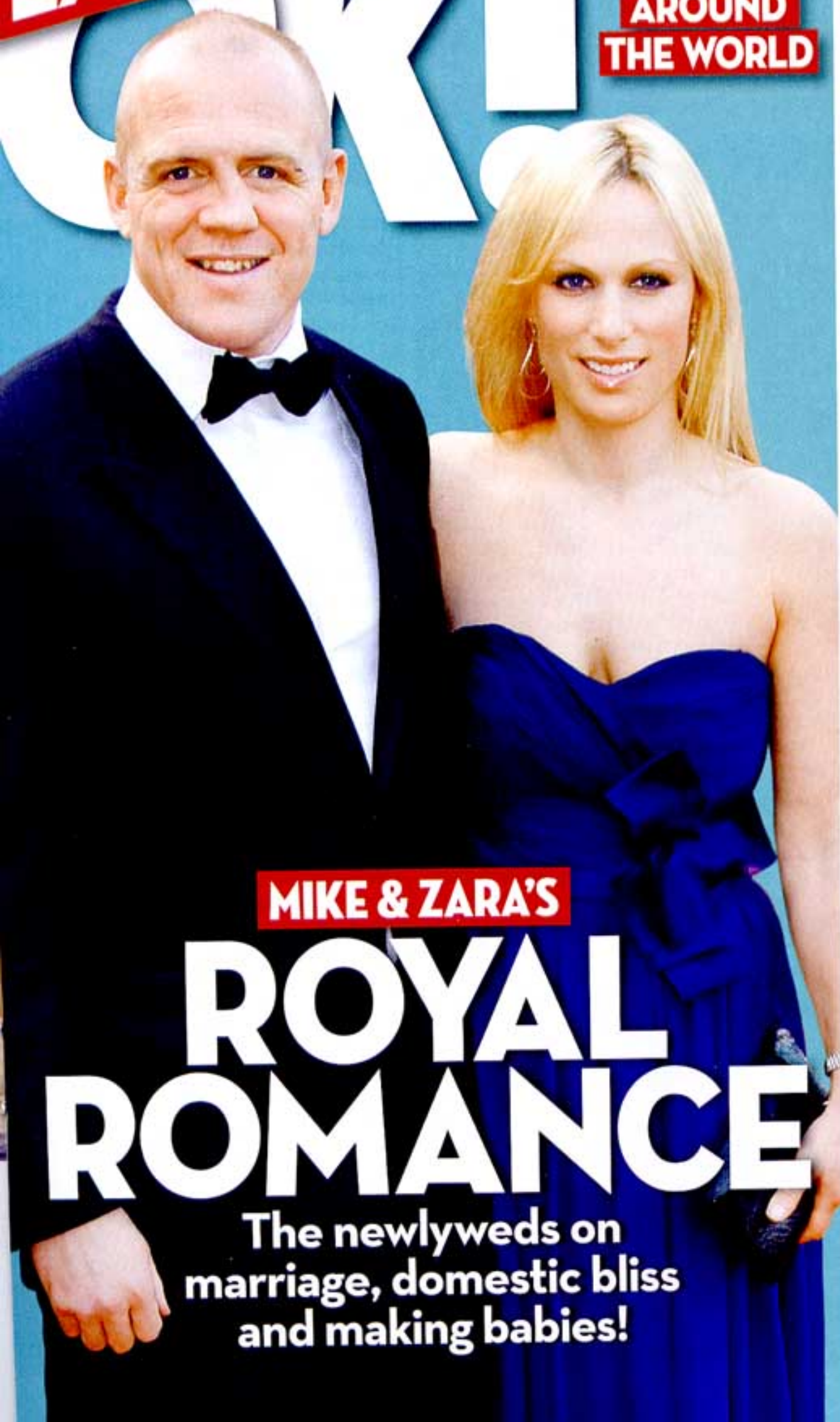


*Diet
plan
inside!*

AUGUST 15, 2011
ISSUE 268
\$4.50 AUSTR &
\$4.80 NZ (incl GST)
ISSN 477-183413700-2
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EXTRA

**THE BEST
FROM OK!
AROUND
THE WORLD**



MIKE & ZARA'S

ROYAL ROMANCE

The newlyweds on marriage, domestic bliss and making babies!



BIKINI BODY SECRETS

The hottest celebs reveal how they do it



WHEN OK! MET AMY

Our rare exclusive with the tragic star



DRUGS, DRINK & MURDER...

The dark side of Harry Potter uncovered



STAY SAFE

STIs are on the rise – 75 per cent of reported cases affect young people aged between 15-29. Visit australia.gov.au/sti for more information on STIs.



LUSCIOUS LOCKS

The new Silver Bullet Nano Ceramic Volumizer Crimper creates long-lasting volume and full body right at the roots – without the need to tease locks. Just crimp the underneath layers of your hair, then style layers back for body and extra volume. Too easy! Visit datelinecity.com

FAST RELIEF

Don't let a headache get in the way of your day. Whether it's niggling, distracting or thumping, a headache is never welcome. Nurofen can help to relieve that head-splitting pain so you can get on with your life. Visit nurofen.com.au

ASM 18409-1210 Approved 12/12/10



DELICIOUS DISHES

Hog's Breath Cafe delivers a unique dining experience. Check out its range of exciting dishes, such as Garlic Prawn Prime Rib, Tex-Mex Combo and more! There are also some life options on offer, so there's a dish to please everyone. Visit hogsbreath.com.au to find a restaurant near you.



Get that golden glow

Make Naked Tan your first choice in natural sunless tanning. Available in three gorgeous shades, Naked Tan rapidly develops a natural-looking tan in only two hours! There is also the Naked Tan Goddess range, which features both bodycare and DIY tanning products and complements your spray tan experience. Visit nakedtan.com.au to find your closest participating salons – there are over 300 salons nationally!



HEAVENLY BODY WASH

Palmolive Body Butter Decadent Moisture Body Wash's fusion of fragrant vanilla shower gel and rich body butter will leave your skin feeling silky smooth. **RRP \$6.49 for 400ml.** Visit palmolive.com.au

donate life



DISCUSS DONATING LIFE TODAY

If a loved one has decided to be an organ and tissue donor in Australia, you need to know their final wishes. Because one day you could be asked to give the final OK. Visit donatelife.gov.au



BE TREATED LIKE A VIP

Become a Harbour Town VIP and receive further retail offers and discounts, invites to exclusive events, special travel offers and more! Membership is free. Visit www.harbourtown.com.au

Eye cleanse

Q: I never feel like I get all of my eye make-up off – what am I doing wrong?

A: There are no excuses for panda eyes. Not only is waking up with your eye make-up still on a bad look, but it can also cause nasty eye infections (no-one wants that!). To remove eye make-up properly, start by using a lightly moistened cotton pad and wetting the eye area with some water, always remembering that the area around your eye is sensitive and delicate. Then, apply a small amount of eye make-up remover onto the cotton pad and hold it over the eye for a few seconds – this will help dissolve the make-up, resulting in fewer 'swipes' over the area. Gently wipe the cotton pad in a downward motion over the lashes. Keep repeating this until there are no remnants of eye make-up left. Then pat on an eye cream to rehydrate the area. Being too tired to remove your make-up is never an excuse – keep cleansing wipes by your bed so you can at least take most of it off before you fall asleep.



Glow on

Q: What exactly is the purpose of illuminator, and how do I use it?

A: Illuminator is an essential part of your make-up routine, as it has the ability to accent your face by drawing light to your cheeks and brow bones. To apply, start from just next to the temple and apply along the brow bone in a slightly upward diagonal direction. Then, go back to your starting point and apply the illuminator along the top of the cheek bone in a slightly downward diagonal direction. Repeat the process on the other side of your face and blend in so that it is seamless. Voila – you've just made your cheek and brow bones pop!



Line Smoothing Eye Cream \$12.99 PALMER'S COCOA BUTTER FORMULA

Beauty Q&A



Shimmering Skin Perfector \$66 BECCA



Un Jardin Sur Le Toit EDT 50ml \$110 HERMÈS



Hair resurrection

Q: My hair feels like straw and is really dry – what can I do to restore the moisture?

A: The winter months take a huge toll on our hair. Harsh winds outside and heating indoors cause hair to look and feel dehydrated. The solution? A moisturising conditioning treatment applied 1-2 times a week on top of your regular washing routine. Start by shampooing and conditioning as normal. Then, while hair is still damp, massage the conditioning treatment onto the hair, concentrating on the ends, as this is where the hair will be the driest. After a few minutes, use a wide-tooth comb to gently brush the treatment through the hair from scalp to tip and leave for the recommended time. Rinse the treatment out with warm water, pat the excess moisture with a towel and allow to air dry completely. You can follow this with a leave-in conditioner for extra hydration.



GOT A QUESTION FOR OUR RESIDENT EXPERT? OK!'S BEAUTY EDITOR, SHARON GOLDSTEIN, HAS THE ANSWERS!

Wondrous waves

Q: How do I curl my hair using the new clip-free hair curling tongs?

A: Clip-free curling tongs, also known as conical curling irons, are the hottest new hair-styling tool on the market, perfect for creating a modern, relaxed curl. The trick is in mastering the technique. Just like when using a straightening iron, you'll need to work in sections, starting from the bottom at the back and moving up through the layers to the front. Once the iron has heated up, take a section of hair and place the curling iron underneath it, perpendicular to the direction of the hair. Then, simply wind the hair around the iron and hold in place for about 10 seconds. Release your hand and allow the hair to slip out from the iron. Repeat this process over the whole head, leaving the front two sections framing the face for last. These sections will need to be done a bit differently: point the curling iron straight down, then wrap the section of hair framing the face around it, holding for 10 seconds, before releasing. Repeat this process on the other side of the face. Once the entire head has been done, use your fingers to brush through the curls and you're left with a beautiful and relaxed, wavy style.

Beauty Ed's fave
I love a bargain when I'm shopping for clothes, but when it comes to my fragrance, I settle for nothing less than designer!

Bits Clip \$7.69 LADY JAYNE

Ceramic Conical Curling Iron \$94.95 BABYLISS PRO

TEXT BY SHARON GOLDSTEIN. STYLING: PHOTOGRAFIS. BY WILL HORNBY. ACP PHOTOGRAPHICS. WHERE TO BUY: BABYLISS PRO 1 800 251 215 BECCA (02) 8399 1274 DR LEWINN'S (03) 9676 1800 FACE OF AUSTRALIA (03) 9338 5222 HERMÈS (02) 9287 3200 KEVIN MURPHY 1 800 104 204 LADY JAYNE 1 800 651 146 L'ORÉAL PARIS 1 300 659 359 NARS 1 800 007 844 PALMER'S COCOA BUTTER FORMULA 1 300 19 18 PANTENE PRO V 1 800 028 280 SIMPLE (03) 9538 4000

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