

Professional

BEAUTY

MAR • APR 11 THE BIBLE OF THE AUSTRALIAN AESTHETICS INDUSTRY

The Loved Ones

*Beauty and dignity
in the hereafter*

A pain in the neck!
**Injury prevention
in the salon**

FACE VALUE

Skincare's
autumn harvest

Waxing lyrical
The roots of success

WORDS OF WARMING

Weathering the
climate of change

CHRISTINA
It just works

Waxing



Hot Stuff

LYCON Lycojet Desert Rose Hot Wax is an exotic red wax with calming chamomile and rose. The formula is excellent for all waxing and fabulous for Brazilian waxing. The Lycon Lycojet hot wax range features the same impressive performance as the Lycon hot wax range, however Lycojet can be used at a much thinner consistency, so is more economical for salons and spas. Lycojet can remove hair as short as 1mm, gently, thoroughly and with minimal client discomfort.

Contact: Lycon (07) 3846 2722.



A True Solution

LEGOLÉ Anti Ingrown Hair Liquid Conditioner was developed after many years of in-depth research into ingrown hair causes and solutions. While ingrown hair is experienced by a vast percentage of those who use hair removal methods such as waxing and shaving, Legolé's formulation claims to reduce the frequency of ingrown hairs and resolve the problem within several days of product usage.

Contact: Legolé 1300 881 986.



Original Sin

ADAM & EVE Lavender Blue Pre Wax Skin Cleansing Spray with bergamot, lavender and ylang removes excess oil, dirt and impurities prior to waxing. The gentle formula creates a hygienic pre-wax cleanser that is suitable for sensitive skin and will reduce the risk of irritation. **Adam & Eve Sweet Orange Pre and Post Waxing Oil** is a delicate blend formulated to protect and soothe sensitive skin before and after waxing.

Contact: Jax Wax (03) 5943 2422.

Silky Smooth

The **Satin Smooth Wax Heater** is available in a double and single wax heater unit and brings premium Satin Smooth waxes to the perfect temperature and consistency for any and every area of the body. Using a quality wax heater ensures thin, even spreading and an ultra-comfortable experience for clients each time. The inbuilt thermostat on the Satin Smooth Wax Heater ensures a controlled and stabilised heat near the desired set point so that the temperature will not drop throughout the day.

Contact: Dateline Imports (02) 9666 3611.

SKIN SOOTHERS

Caron Laboratories Hydro2Oil massage and treatment oil range has been developed to meet the highest expectation of therapists and is fully water dispersible – meaning it will not stain clothing,

towels or equipment. Made in Australia using only high grade natural vegetable oils, it leaves the skin soft, moisturised and non-greasy. There are multiple blends available including sweet almond, unscented, relaxation and extreme sport.

Contact: Caron Laboratories 1800 245 412.

FOR ROMANTICS

Caron Romance Hard Wax transforms every treatment into a sensual experience with its divine rose essence and ultra smooth and pliable attributes. This gentle and luxurious wax designed for the most elite spa retreats has superior flexibility and glides onto the skin smoothly, with no resistance making it the perfect choice for waxing sensitive skins as well as for Brazilian waxing. This decadent wax will leave clients enveloped in a rose scented delight.

Contact: Caron Laboratories 1800 245 412.

Q Prior to attending an appointment, how should a client prepare their skin?

MARY ZARA

Trainer for Mancine Cosmetics

The evening or morning prior to waxing, clients should shower and exfoliate the area to be waxed. This prepares the skin and makes the treatment a little more pleasant, especially if they have dry skin. Clients should also ensure they have no moisturiser or deodorant on the skin prior to the treatment as this will prevent the wax adhering properly.

LYDIA JORDANE

CEO of Lycon Cosmetics

Keep the skin well hydrated, avoid getting sunburnt and do not over exfoliate the skin. For Brazilian waxing, advise the client to trim hair to 1cm.

TINA COPLAND

Owner of Jax Wax

The client should ensure their skin is thoroughly cleansed and exfoliated.

JEANNETTE TAVERNA

Beauty Therapist for Artav Australia

The client should exfoliate the night prior to the waxing appointment and should also be sure the skin is perfectly clean with no creams, oils or residue to allow the wax to adhere.

SARAH BRADY

Educator for Dateline Imports.

Your client should have a cool shower before any waxing appointment to make sure their body temperature isn't too hot; if the client is hot and sweaty the wax won't stick. Do not moisturise the skin before waxing, or use any deodorant before under arm waxing. Prior to Brazilian waxing you may be required to trim hair.

MELANIE SDAO

Beauty Educator for International Beauty Supplies

Make sure the skin is in a hygienic condition. Shower beforehand and give yourself a light exfoliation as this will assist in the removal of dead skin cells, making hair removal a lot easier. Apply a light body moisturiser afterwards to keep the skin supple. If you are on any medication or having any particular medical treatment, advise your therapist.

LILLIANE CARON

Founder of Caron Laboratories

Prior to all waxing appointments, it is recommended to regularly exfoliate and moisturise your skin and to have minimal sun exposure. Exfoliation helps to remove any dead skin cells and unblock hair follicles, allowing the hair to be removed more easily. If having your underarms waxed, be sure not to wear deodorant to your appointment as this can cause irritation. For all other areas of your body, ensure skin is clean, dry and free of any oils and moisturisers.

Q Do you recommend different types of professional wax for different areas of the body?

MARY ZARA

Trainer for Mancine Cosmetics

Strip wax is predominantly used in most beauty salons, and can be used on all areas of the body as it is quicker to work with and more cost-effective for salon owners. Hot wax is also being used by many salons; this wax is gentler on areas such as the bikini zone, facial area and underarms. The density of the hair should be assessed prior to waxing, and this should determine the type of wax to be used.

“Strip wax has a honey-like consistency so it is ideal for spreading a very thin layer over larger areas such as legs, arms, back and chest; however it can also be used for smaller areas. A non-woven or muslin cloth is required to remove strip wax.”

LYDIA JORDANE

CEO of Lycon Cosmetics

We recommend Lycon hot and Lycojet waxes for the more delicate areas such as face, underarms and Brazilian area. In addition, we recommend Lycon Pre-Waxing Oil before and during all hot waxing. With a special blend of oils that incorporates aromatherapy, it pre-soothes the skin prior to waxing and prevents wax from sticking to skin, particularly if it needs to be reapplied to the same area more than once. Lycon hot and Lycojet waxes have a very low temperature, remove hair as short as 1mm and can be applied on the same area five to six times without discomfort or lifting the skin. Lycon strip waxes are ideal for larger areas such as legs, arms, chest and back. They can be applied thinly, glide on easily, remove short hair and do not leave sticky residue.

TINA COPLAND

Owner of Jax Wax

We recommend the use of hot wax for sensitive areas such as face, underarm and the bikini line and Brazilian area.

JEANNETTE TAVERNA

Beauty Therapist for Artav Australia

Liquid strip wax is recommended for larger areas such as legs, arms, back and less sensitive areas. Strip wax can be quicker and remove larger areas at a time. Hot wax is recommended for smaller, sensitive areas, such as eyebrows, underarms, facial hair and bikini hair. It is slightly gentler on the skin and is applied warm. Hot wax is removed once dry, and it cools to constrict around the hair, trapping it for removal.

“Professional waxes today have come a long way. Many years ago the industry preferred the traditional hard waxing method. However, modern salon conditions today require a waxing method which is cost-efficient, immediately ready for use and hygienic as well as efficient.”

SARAH BRADY

Educator for Dateline Imports

Hard wax is recommended for facial, underarm and bikini waxing as the skin is thinner around these areas, making it more sensitive. Strip wax has a honey-like consistency so it is ideal for spreading a very thin layer over larger areas such as legs, arms, back and chest, however it can be used for smaller areas as well. A non-woven or muslin cloth is required to remove strip wax.

SARAH BRADY

Educator for Dateline Imports

An incorrect waxing technique is the number -one risk factor for developing ingrown hairs. If the wax isn't removed in the same direction as hair growth, or if the hair is too short this will cause the hair to break instead of being removed from the root. This can turn into an ingrown hair. To minimise the risk of ingrown hairs always ensure you remove wax in the same direction as hair growth; good lighting is vital so you can determine which way the hair is growing. Also advise clients not to shave hair in between appointments as this makes the hair coarser. Unfortunately, some clients are simply prone to ingrown hairs. Clients should exfoliate skin daily in the shower with an exfoliating scrub or mitt.



"It is important to have good lighting so you can determine which way the hair is growing. Also advise clients not to shave hair in between appointments as this makes the hair coarser."

MELANIE SDAO

Beauty Educator for International Beauty Supplies

Ingrown hairs are formed from either incorrect removal of hair or the hair not being able to grow through the opening of the hair follicle. Symptoms to look for are a slight rash and infected pimples or pustules on the area that was waxed. Ingrown hairs are usually caused when dead skin cells cover the opening of the hair follicle and the new hair becomes trapped under the skin surface. These trapped hairs begin growing inwards and remain under the skin, this causes an infection and pustules may occur. Correct application and removal of the hair will assist in limiting or preventing ingrown hairs. After care advice for the clients would be to exfoliate every second or third day and to apply a little moisturiser to the waxed area. It is recommended that clients exfoliate, as incorrect removal can cause scarring and discomfort. If your client is a sufferer of ingrown hairs, find a product that will assist in preventing ingrown hairs. I like Depilève 'Folisan' which contains salicylic acid to increase exfoliation and antibacterial properties to prevent follicles from clogging up and trapping the growing hair.

LILLIANE CARON

Founder of Caron Laboratories

Ingrown hairs begin when dead skin cells accumulate where hair removal has occurred and form a papule while the skin heals. Hair growing in the area then gets trapped under the papule and is prevented from exiting the skin properly, creating an ingrown hair. Many clients experience ingrown hairs through lack of exfoliation, dry skin, tight clothing and sun exposure. If left untreated, ingrown hairs can result in pain, itching, tenderness and in some cases, infection and permanent scarring. To reduce the risk of ingrown hairs, it is recommended the therapist apply a pre-wax cleanser to the area to be waxed and during the treatment they should ensure the entire hair has been removed. An after care lotion should then be applied. A good after care lotion will remove any wax residue, calm and condition the skin and prevent the formation of ingrown hairs and pustules. It is highly recommended the client exfoliate and moisturise regularly and use an ingrown hair treatment such as Caron's Bump eRaiser, which is designed to prevent and treat ingrown hairs following hair removal.

Beauty

Q *How do you address post-waxing redness and sensitivity?*

MARY ZARA

Trainer for Mancine Cosmetics

Therapists should apply a cream or lotion containing antibacterial and calming properties – tea tree or lavender-based products work well. A cool compress may also be used for those extra sensitive clients. Clients should regularly apply moisturiser containing tea tree, lavender or witch hazel. Aloe vera gel is another great product to counter redness and sensitivity.

LYDIA JORDANE

CEO of Lycon Cosmetics

The most important thing is to use the right products for your waxing treatments in order to minimise redness and irritation. If redness occurs and if a client is susceptible to ingrown hairs, a cold compress when waxing is completed will cool the skin and reduce excess blood circulation to the freshly waxed area. For example, some clients experience small pustules after lip waxing, as the base of the hair follicle is actually injured during waxing. In some instances, there are even some bleeding follicles as soon as hairs have been removed. Like with any injury, blood rushes to the area to heal and protect, which is exactly what happens with waxing, even if there is no visible bleeding. Once the blood supply becomes active, so do the sebaceous glands. Hours later, dead cells grow over the empty follicles and with the additional oil flow, the oil gets trapped within the follicle and thus some clients end up with pustules. The best way to combat this is to apply a cold compress, which immediately reduces the blood circulation and as soon as this happens, the oil glands will slow down oil production. If the skin is red and sensitive after face waxing, we advise that therapists apply a cold compress on the sensitive area for a minute or two, in order to reduce the overactive blood flow and calm the skin. If client's are particularly sensitive, advise them not to exfoliating for at least one week after waxing and to use a good quality soothing product to help reduce the build up of dry skin.

“If the skin is red and sensitive after face waxing, we advise that therapists apply a cold compress on the sensitive area ...”

TINA COPLAND

Owner of Jax Wax

Clients should ensure they adhere to the aftercare advice given to them by their waxer and they must also use after wax care products correctly, as advised.

JEANNETTE TAVERNA

Beauty Therapist
for Artav Australia

An ice pack will reduce redness and calm the skin, and aloe vera-based products will soothe the skin. Clients must be careful not to expose the skin to the sun or excessive heat and be sure to exfoliate.

SARAH BRADY

Educator for
Dateline Imports

Customise each waxing service to suit your client's specific skin and hair type. One wax does not suit every client. Ensure the wax is set at the right temperature and use a soothing product after waxing. Clients should avoid hot showers; keep the water cool. Also make sure clothing isn't too tight; tight jeans after a leg wax is a no-go! Do not use any perfumed shower gels or products on the skin for at least 12 hours. This includes deodorant, because the pores are open and it will sting the area.



Beauty

MELANIE SDAO Beauty Educator for International Beauty Supplies

Post-waxing redness and sensitivity can be avoided when correct wax for the skin and hair type has been used. Use a cosmetic grade quality, post epilation product that contains an anti inflammatory to calm skin. It's best for clients to avoid activities that might irritate skin, such as going to the beach and laying in the sun. Let the hair follicles settle down. After every shower, condition the skin with a body moisturiser and give yourself a light exfoliation every second or third day.

LILLIANE CARON Founder of Caron Laboratories

Apply a cold compress to reduce any inflammation that may occur and apply an after care lotion containing either tea tree or witch hazel to soothe and alleviate bumps and irritation. The client should avoid sun exposure immediately after waxing and be sure to exfoliate and moisturise their skin in between appointments. If the customer suffers from ingrown hairs or has coarse hair a suitable product from the Bump eRaiser range should be used.

"There is a reason why it is called a beauty 'regimen' – regularity is the key! In no area is this more important than in waxing, which is why regular appointments are highly recommended."

Q *Do you have any additional tips you wish to share?*

MARY ZARA Trainer for Mancine Cosmetics

CONTACT: Mancine Cosmetics (03) 9580 7274

Strip waxes should always be applied with the direction of the hair growth and removed in the opposite direction, while hot wax should be applied against the direction of hair growth and removed against. It's vital to always check the temperature of the wax before applying it to the skin to avoid burning. Applying a cold compress or piece of ice on facial waxing can stop white pustules from forming. After any type of waxing it is best to avoid exposure to sun, swimming and strenuous exercise; as the hair follicle is still open, exposure to these can sometime cause infection.

LYDIA JORDANE CEO of Lycon Cosmetics

CONTACT: Lycon Cosmetics (07) 3846 2722.

To effectively remove short, stubborn hair, apply hot wax in the opposite direction of the hair growth, firmly scraping the hairs up into the wax with the edge of a waxing spatula. It is like scrapping hard butter on toast. It does not hurt, as the wax acts as a lubricant over the skin as you scrape, so it feels comfortable but is super effective in removing short, stubborn hairs.

Also ensure you don't let the wax set too long before removing the hair. When performing a Brazilian hot wax, it isn't always possible to remove a wax patch against the hair growth, depending on the body contours of the client. As such it is advisable to have a lifting wax edge on hairless skin at the bottom, as well as at the top of the wax patch, because you may need to remove the wax in the direction of the hair growth, particularly when there are strong, dense hairs on loose skin.



LUXE LOCKS

Alterna have released the new luxury Caviar range, providing hair with lavish treatments in the salon and at home. The new **Alterna Caviar Anti-Aging Moisture Shampoo** improves the overall performance of brittle hair and protects colour from fading while the **Alterna Caviar Anti-Aging Moisture Conditioner** seals in essential ingredients and retains moisture to continually hydrate while protecting from damage. The **Alterna Caviar Anti-Aging Overnight Hair Rescue** instantly penetrates deeply into hair, delivering vital nutrients for transformational results overnight.

Contact: Alterna Australia 1300 437 436.

HIGH MANE-TENANCE

Apivita Propoline Shampoo and Conditioner with Chamomile & Honey for frequent use contains soothing chamomile to prevent irritation and honey for its softening and moisturising properties. The unique and gentle formula works to strengthen hair texture and also improves elasticity, forming a protective shield against environmental damage. Ideal for everyday use, for those with sensitive scalp and for children, and does not contain SLS and SLES.

Contact: Pure Elysium (03) 9495 6366.

MANE GAME

ROCK ON

Instant Rockstar Dirty Weekend Dry Shampoo is a dry, weightless, style-enhancing tool prolonging the life of a hair style while absorbing natural oils or product build up to prevent greasiness. The formula comes in clear and black shades to ensure a colour match for every individual's needs and can be used between washes or layered over freshly styled hair for extra volume and texture.

Contact: Instant Rockstar Australia (03) 9421 0691.

SMOOTH AND SLEEK

The new **Brazilian Tech Keratin** range features a **Smoothing Shampoo** which revitalises, renews and restores elasticity to weak, dull hair. The **Smoothing Conditioner** replenishes moisture levels instantly, nourishing dull, weak and ageing hair while the **Smoothing Treatment** is a deep-penetrating formula with natural keratin, vitamins and proteins to help improve the strength of hair.

Contact: Dateline Imports (02) 9666 3611.

A DO TO DIE FOR

Hair2day's sleek new **X3 Curling Wand** features three interchangeable heads and tourmaline technology, which generates moisture, negative ions and infrared rays to seal cuticles, natural oils and moisture in the hair. The wand heats in less than 60 seconds and can be temperature-adjusted to protect fine hair from damage while the specially designed head retains heat, creating curls which last for up to three days. The perfect gift at any time, the wand comes with a free heat-proof glove, heat resistant comb and instructional DVD.

Contact: H2D (07) 5309 6109.



SUN SHIELD

ROKK EBONY Heat UV Gloss Coat leaves hair shiny, smooth and manageable with a high gloss finish for polished perfection. The ingredients also help to protect hair from the drying and damaging effects of the sun.

Contact: Rokk Ebony (03) 9645 8010.

Nails

AVAILABLE



Bright Spark

HAWLEY Sparkles Fly is a luxe collection of colours to spice up autumnal days. The collection features six shimmering shades: #55, a champagne bronze, #96, rich pearlised pink, #134, a smudge of royal purple, #126, blackened blue, #298, glowing green that's almost black and #185, silvery blue.
Contact: Hawley International (02) 8667 1700.

HAWLEY

ZOYA

Wonderfully Wicked

ZOYA Wicked collection combines uber-glam glittery shades of shimmer red, burnt orange, purple and green in colours: Kym, Carrie Ann, Karina, Cheryl, Julianne, Edyta while Zoya Wonderful creams comes in fresh hues of green, burgundy, red, pink, purple and dark mauve which include: Shawn, Cola, Kristi, Burke, Stacy, Kelly.
Contact: Art of Beauty 1300 855 644.

Gal Power

The gal pal duo behind **Glitter Gal** called on years of experience in the makeup industry creating and supplying "private label" products have now launched their own makeup and nail polish range. With an international following, the products not only look glam and gorgeous but also offer great quality, eye-catching packaging. Bling nail polishes are 3-free, chip resistant, salon-quality and long-lasting and include salon colours and a holographic range.
Contact: Glitter Gal 0402 871 202.

GLITTER GAL

PLUCKY LITTLE THINGS

Tweezerman In The Garden Mini Slant Tweezers brightly coloured mini slant tweezers are a mere 6.7cm long and available in three adorable patterns including: lovable red ladybugs on a white background, dainty blue dragonflies on a pink background and bright yellow bumblebees on a purple background, with all the precision and benefits of Tweezerman's award-winning stainless steel slant tweezers.
Contact: Dateline Imports P/L (02) 9666 3611.

BRUSH STROKES

Entity One Color Couture soak-off gel enamel is manufactured by **Entity Beauty** in the USA. The simple brush, wear, soak, repeat process delivers a whole new service to clients looking for a hassle-free, flawless finish manicure. Combining the long-lasting, high-gloss durability of gel with the ease and versatility of enamel the no smudging, no chipping, and no dry time treatment will keep clients coming back for more.
Contact: Creative's New Edge Pty Ltd/ trading as CNE Beauty Salon Supplies (03) 9484 1889.



DATELINE

Nipped in the Bud

BeautyPRO Acrylic Nippers are a professional choice for removing cracked or lifting acrylic nails. The double spring design provides free-floating movements for no operating resistance whilst also ensuring a smooth opening and closing action for optimum control. With sharp edges to easily manoeuvre under and lift stubborn acrylic, they come in three different sizes to suit each client: full jaw, half jaw and quarter jaw.
Contact: Dateline Imports P/L (02) 9666 3611.

Dark Arts

BIO SCULPTURE The Dark Secrets Collection for Autumn/Winter 2011 is a mix of neutral tones and drama. Chocolate Fudge (no.111) is a must-have milky cocoa shade. On the Dark Side (no.112) is a rich dark purple and Love Potion (no.113) a very deep red for a classic dramatic statement while Indecent Proposal (no.114) is a fashion-forward deep teal.
Contact: Bio Sculpture 1300 BIO GEL.

NAILFILE

Coat of Many Colours

P2 Manicure Colour Gel Polish from **LIGHT ELEGANCE** comes in 23 outstanding colours plus Base and Top Coats. It goes on smooth like polish but wears like a gel, delivers a 14-21 day manicure with no chipping or smudging and provides a high shine. When it's time to change the P2 colour it soaks off within 10-15 minutes. It is ideal for pedicures, manicures, acrylic and gel nails. This next generation of soakable gel polish colour comes exclusively from Light Elegance Australia.

Contact: Light Elegance Australia (02) 8786 1252.



ORLY

Precious Collection

ORLY Precious Colour Collection brings a refined collection of hues in six rich shades of Pure Procelain (beige cream), Gilded Coral (coral gold shimmer), Fancy Fuchsia (pink crème), Ancient Jade (green crème), Sapphire Silk (deep teal cream) and Royal Velvet (purple blue shimmer). **Contact: Orly (02) 9979 4555.**

CND



Speed Demon

CND has the tools for a super-fast and efficient nail service thanks to **Solar Speed Spray** a conditioning polish dryer with the properties of award-winning **SolarOil** and **Speedy daily-defense top coat** to quickly seal the surface of nail colour and guard against fading.

Contact: Pacific Nail & Beauty 1800 672 800.

BACHIK'S ARTISTIC NAIL DESIGN HITS AUSTRALIA

US celebrity nail artist Tom Bachik's professional nail brand, Artistic Nail Design is now available in Australia with exclusive distribution by Switch Funky. The innovative professional gel manicure system comprises 38 stunning shades of gloss soak-off gel polish and also Colour Gloss Necessities including Building, Bonding, Glossing Gels, Remover, Surface Cleaner and PH Nail Prep. The on-trend hues last for up to three weeks and just like a traditional polish, comes in a bottle, glides beautifully on to finger and toe nails, then just like gel, it is lamp cured to dry in only seconds. Under a 45 watt LED light, it takes less than 30 seconds for nails to be touch dry, whilst under a UV light, it takes just two minutes or less. Drying to a strong, yet flexible finish, the high shine glossy result will get ensure your clients' finger tips and toes turn heads, week after week. A quick soak is all that is needed for removal - with no damage to the natural nail.

Contact: Switch Funky 1800 700 510.



SWITCH FUNKY

Template for Success

MINX has nailed a new (02) redesigned template which offers faster, easier results. The patent-pending, dual edge template's design gives the nail tech a rounded "finger" edge on one side and a squared "toe" edge all-in-one, so there is no longer a need for separate manicure and pedicure Minx inventory. Each dual edge template also has two sets of 10 sizes each (two complete customer applications).

Contact: Switch Funky 1800 700 510.



TWEEZERMAN

Sole Mates

TWEEZERMAN'S Sole Mates Dual Sided Foot File features two specialised tools for expert pedicure maintenance: a professional quality, safe-to-the-touch stainless steel micro-file and an equally high-quality finishing file. The stainless steel micro-file quickly, easily and very gently removes calluses and rough dead skin off your clients' feet, while the finishing file buffs the skin to a soft, touchable smoothness and has an ingenious magnetic design that holds both parts together.

Contact: Dateline Imports P/L (02) 9666 3611.

