

SHOP

lily

70 ways to shop away a sucky day

YOUR OUTFIT FOR THE RACES? **DONE.** P110

How To Get White Right

BONUS GUYS' STYLE MAG *You know he needs it.*

Happy wardrobe, happy life
Simple strategies for starting your morning minus the outfit angst

IT'S THE 3D ISSUE!

PUT ON YOUR GLASSES — THIS IS FASHION & BEAUTY AS YOU'VE NEVER SEEN IT BEFORE...



LILY DONALDSON



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OCTOBER 2011 \$7.80
NZ \$8.40 (inc. GST)

10



WHEN YOU HAVE *botched DIY hair colour*

TREAT IT FAST: If you've used a permanent dye, you can buy a hair colour remover from a pharmacy, like the Jheri Redding One 'n Only ColorFix [1], from \$36.95, 1800 251 215. It'll strip too-dark pigment from hair without ammonia or formaldehyde (which can dry out strands). If you've gone nuts with a strange semi-shade, it might be as simple as using dandruff shampoo every morning for a few days to knock out the strength of your colour.

TRY: Head & Shoulders Smooth & Silky shampoo [2], \$5.99, 1800 028 280.

PREVENT IT: At your next appointment, ask the hairdresser to point out shades to suit your skin tone. "If your budget won't stretch to see a professional, always do a small patch test in an inconspicuous area to check the colour works on you," says Giavis.



WHEN YOU HAVE *ingrowns galore*

TREAT IT FAST: Don't just start hacking away. Post-shower, steam will have softened your skin – making it an ideal time to scrub surface stuff that blocks hair follicles. Look for formulas that contain glycolic acid, which breaks down the sebum that clogs pores, and always use a sharp razor and shaving cream – blunt blades can push hair in, instead of cleanly removing it.

TRY: MD Formulations Face & Body Scrub, \$95, 1800 808 993.

PREVENT IT: If the issue is constant, look into laser hair removal. "The heat from the laser device damages hair follicles, to the point where they can't grow back, so it treats the ingrown hair at the root," says hair removal expert Nadine Ismiel.

TRY: Nad's Laser Clinic, treatments from \$42 (VIP program) or \$70 (casual session), 1300 850 106. >



MINI-CRISIS: FLAKY LIPS

If chapped lips are stopping you from rolling out a red pout, give them a gentle scrub to remove flaky bits and smooth. Choose a product that exfoliates and moisturises.

TRY: The Body Shop Lip Scuff, \$21.95, 1800 065 232, thebodyshop.com.au.



Sleek & Slicked Back

For a sleek & slicked back finish, that will survive all conditions for 24 hours with perfect hold & shine.

PRODUCT FAMILY
SLEEK & SHINE



STEP 1: WET

For easier to smooth hair that is humidity resistant wash hair with the Sleek & Shine Thermo-Active Shampoo & Conditioner.



STEP 2: PREP

Prep towel-dried hair with Sleek & Shine Thermo-Active Spray, working through from the roots to the ends to facilitate a shiny & frizz-free finish whilst protecting from heat styling.



STEP 3: STYLE

Section hair at your desired part, then blow dry the hair, directing roots towards the back of the head to form a smooth flat finish from the front.



STEP 4: SET

To seal fly aways, warm a small amount of Survivor Gel in your hands, apply gel to the front while smoothing hair back. For an extra smooth finish use a paddle brush to sweep back at the part and pull into a ponytail.



STEP 5: SET

Spritz the hair with Elastic Power Fix Brilliance Hairspray for added shine & to hold your style in place for 24 hours.

Watch our online styling videos to get this look and more at

www.garnier.com.au/fructisstyle

Take care.
GARNIER

BROW basics

All you need to get perfect arches – and maybe even a little more. BY LISA PATULNY

HOW TO: STYLE YOUR BROWS

STEP 1: Plan.

Just like hitting up the Boxing Day sales, grooming your eyebrows requires good strategy. Mark in a guide lightly with a brow pencil before you even touch tweezers, so you know where to pluck. "You need a bit of distance – take a step back to best examine them," says make-up artist Elsa Morgan.

TRY: Bobbi Brown Eye Brow Brush [1], \$45, 1800 304 283, bobbibrown.com.au.

STEP 2: Pluck.

Tweeze below the brow, but continue to check the shape as you go. It's important to work in natural light, to give you a clear view of what you're plucking. "If you can't see every single hair, it's a bit like doing surgery in the dark."

TRY: Tweezerman Slant Tweezer [2], from \$39.95 for set with mirror, 1800 251 215.

TIP: Apply a warm washcloth to brows pre-tweeze. It'll help loosen the hair and dial down the pain.

STEP 3: Wax.

"For a polished look, waxing above your brow is a must. Regular strips from the chemist are

great for whisking away stray hairs that make the top of your brows look fuzzy," says Morgan. TRY: Veet Wax Strips [3], \$9.99 for pack of 20, 1800 226 766.

TIP: For extra precision, cut your wax strips to shape – tiny rectangles work well, and you can take off what you want, without touching what you don't.

STEP 4: Fill.

"Use powder instead of a pencil; it'll blend more easily for a natural result. But keep it light – the aim is for them to still look like your own. Start mid-brow and move towards the tail, using small strokes that mimic hair growth."

TRY: Smashbox Brow Tech in Blonde [4], \$34.95, from Kit, 1800 705 800, kitcosmetics.com; or Becca Brow Powder in Ash [5], \$44, (02) 8399 1274, beccacosmetics.com.

TIP: Look for an ashy-hued powder in a shade lighter than your brows; warm tones can be too obvious.

STEP 5: Finish.

Run a brush through to take away any excess powder, then comb in a gel to set your work in place. Don't have gel? "A swipe of Lucas' Papaw Ointment [\$4.99, from Pulse Pharmacy, 1300 178 573, pulsepharmacy.com.au] over the top will set them in shape," says Morgan.

TRY: The Body Shop Brow & Lash Gel [6], \$20.95, 1800 065 232, thebodyshop.com.au.



What a TOOL

Think of these grooming gadgets as Makitas for your bathroom. Here's how they work.

1 CLIO PROTRIM, \$9.95, (07) 5526 3844.

WHAT: A jack-of-most-trades that makes quick work of ear and nose hair. **WHY:** The stainless-steel blades mean a quicker shave, and it's got a non-slip grip so you can use it in the shower. **WHEN:** Your girlfriend insists on a tidy-up.

2 REMINGTON USB FACIAL TRIMMER, \$63.95, 1800 623 118.

WHAT: Designer-stubble trimmer. **WHY:** An adjustable comb lets you choose how much you lose, plus you can charge it from your laptop using the USB adaptor. "Pointless!" you bellow. Until you ever have to travel anywhere. **WHEN:** At the airport, in a hotel, while you're waiting at the lights...

3 FORFEX PALM PRO TRIMMER, FROM \$39.95, 1800 251 215.

WHAT: This lightweight gizmo is great for touch-ups to your beard, mo' or sidies. **WHY:** Compact and quiet, it's battery-operated for portability. **WHEN:** You'd rather hit the booze than the barber.

4 HIS TWEEZERMEN DELUXE GROOMING KIT, FROM \$55.95, 1800 251 215.

WHAT: A nail kit with clippers, tweezers, tiny scissors and more. **WHY:** It's the key to man-tenance with nary a floral-print nail file in sight. **WHEN:** Weekly. Please.



5 DERMAROLLER, \$195, FROM CLINIC CARE, 1300 799 709.

WHAT: Roll this gadget over your scalp to encourage circulation, and a mane Bon Jovi would envy. **WHY:** It combats baldness by using tiny (painless) needles to increase blood flow to your follicles. **WHEN:** You're desperate – but not Warney-desperate. Or Warney-coloured.

6 VS SASSOON METRO AQUA BODY SHAVE & GROOM, \$49.95, 1800 650 263.

WHAT: A bona fide manscaping tool. **WHY:** It's waterproof and comes with interchangeable combs so you can use it on both your body and your mug. The foil shaver gives a super-close trim without irritation and you get a handy shower caddy to put it in. **WHEN:** Daily if you're really hirsute, otherwise any time.

POMADE FOR YOUR BEARD.

Like the mop on your head, your face fuzz needs sprucing too. This stuff softens your beard as well as styles it.

TRY: Professor Edward J. Fuzzworthy's Beard Care Gloss, \$17.95, from Bee Beauty, 1800 688 563, beebeauty.com.