

Sunday

Back to school

**DONNA HAY'S
KID-SIZED
SNACKS**

**HJACKED
HOMEWORK**

**WHY PARENTS
NEED TO PUT
DOWN THE PASTE**

**STYLE UP
YOUR
SCHOOL-RUN
CHIC**

Kate and Wills
**CAN THIS
COUPLE
MAKE IT?**

*Experts weigh in on how to
survive a royal marriage*



**THE REAL
COST OF
ADOPTION IN
AUSTRALIA**



Child's PLAY

twinkle toes

It's not just lipsticks that little girls love to try on – pretty nails are also a joy. Your princess will adore (from left) Maybelline Mini Colorama in Ultra Violet, \$5.95; Katy Perry Collection by OPI in Teenage Dream, \$19.95; Ulta3 in Party Shoes, \$2.25.



Make bathtime fun with a Skip Hop Zoo Mitt, \$19.95 (including suction hook), from Urban Baby.



Soothe dry skin with QV Kids Balm, \$24.99 (450g), a thick, intensive moisturiser.

Hydrate and nourish toddler skin with Avado Organics Baby Naturals Bath Milk, \$15.40 (250ml).



Splish, splash, when your child is taking a bath, it's important to use gentle products. Dr Li-Chuen Wong, dermatologist at The Children's Hospital at Westmead, says she treats a lot of kids with dry, sensitive skin and eczema, which is often exacerbated by oil-stripping soaps and shampoos. "Products containing SLS [sodium lauryl sulfate] are harsh on dry skin. It makes a formula lather, which is why we like it, but we don't need it."

Fragrances and chemicals are also no-nos, particularly for babies. "Newborns have a greater surface area compared to their volume – more than adults – and absorb things on their skin a lot more," she says. So, choose hypoallergenic, low-fragranced products, limit baths to once a day and finish with a nourishing moisturiser to keep young skin happy.



Sukin Kids Wendy Water Saver Gentle Shampoo, \$11.95 (500ml), lathers using glycerine, not SLS.

TRIED & TESTED

Hair products for boys

SUPER HOLD Schwarzkopf Taft Full On Maxx Power Glue Wax, \$6.29 (85ml), is great for extreme spikes or particularly stubborn cowlicks. It spreads like a dream and doesn't feel sticky.

VALUE If your little man goes through product fast, try Dax Gel-It Regular Hold, \$9.95 (454g). It's an enormous tub, plus a little goes a long way.

LONG HAIR Calm frizz and enhance texture with Garnier Fructis Style Surf Hair Texturising Paste, \$8.95 (150ml). It doesn't clump and it dries matte, so it's barely visible in longer hair.



Brighten up the tub with Universal Bubble Bath Crayons, \$19.95 (pack off six), which rinse off skin (and walls) with water. For ages three and up, from Urban Baby.