

VOGUE AUSTRALIA

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hair fast**

\$8.50 JUN '11 NZ \$9.99



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Desoto Jumbo Tint Brush, \$2, from Dateline Imports.



Alfaparf Milano Crystalli Liquid, \$48.

Alfaparf Milano Essential Oil, \$107 for a pack of 12 ampoules, and Illuminating Shine Lotion, \$107 for a pack of 12 ampoules.



spending money on them. To get more volume, just put a tiny bit of layering in it."

3. MANE EVENT

"There are a million products on the market that will help hair work. I use an Italian range called Alfaparf Milano. It has a beautiful oil - Crystalli Liquid, a linseed derivative - and ampoule treatments that you put in for five minutes. The result is like kids' hair."

4. SUPPLEMENT IT

"Silica supplements are fantastic. A client's hair was getting fine and she started taking silica and she has all this regrowth and brand-new hair. I constantly recommend it, and the best thing about it is that you get good nails and skin as well."

5. LESS IS MORE

"A lot of people put so many styling products in their hair that it looks fine for five minutes but is not so good to touch. I very rarely use product when I do people's hair. I just use a vitamin spray and the Alfaparf oil. It's lovely to have hair that can swing and shine and move."

6. USE KERATIN

"I love the Keratin treatments - they're fabulous! There's been such bad press about it because of the formaldehyde, but it has all been adjusted now. We use Keratin Complex Elite [call 1800 251 215 for more information]."

7. GO AU NATUREL

"I don't believe you have to go lighter as you get older. The minute you start to lighten it, you seem to lose half your face. But if you look good fair, that's great. Keep colour natural. The way Diane Keaton does her hair is gorgeous. I also have a real thing for redheads: Charlotte Rampling is stunning, as is Julianne Moore."

8. JOIN THE PONY CLUB

"My favourite hairstyle is a ponytail. Girls with glossy hair and a ponytail - you can't beat that! If you put the energy into the colour and the cut you don't have to wake up every day and spend an hour on your hair."

9. BE FULL ON

"You can make hair appear thicker depending on how you colour it: *balayage* is the French word for painting on streaks. If you have dark hair you'd put lighter tones in underneath, but not on your hairline, so it's not a block of colour."

10. MINIMISE MAKE-UP

"Good moisturiser really makes your skin look alive. If you've got a good base, healthy hair and good-looking skin, you're set."

COSMETICS CONFIDENTIAL
bruce packer

One of our most celebrated hairstylists shares his tips on how to achieve age-defying, elegant styles.

Coiffure king Bruce Packer has been styling hair for Australian fashion greats for the past 40 years. He styled his first *Vogue Australia* cover at 18 and flew to Paris to work with hairdressing legends Jean Louis David and Jacques Dessanges. He now tends to some of the most immaculately

groomed women in the country and is known for creating sophisticated, natural and youth-giving styles. Here, he shares his secrets to looking exceptional at every age.

1. SKIP THE SNIP

"I've never subscribed to the thing that you hit a certain age and you cut your hair off. As you get older, the trick is to find a style that is you. A woman's maturity brings its own attraction."

2. LIFT AND LAYER

"Keep the volume in your hair. Hair loses its 'oomph' because of hormones, but there are such good products out there and it's worth



Packer tends to a client.



Dior L'Or de Vie La Crème Riche nourishing face cream, \$570.

YS Park Curl Shine Styler Brush 55G2, \$80, from Alan White Anthology.

VOGUE

AUSTRALIA

HAIRSTYLE BIBLE



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HAVE
TO HAVE**

41
cuts,
colours
& styles
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