

Who

Feb. 29, 2016

SAM FROST
tells
Who

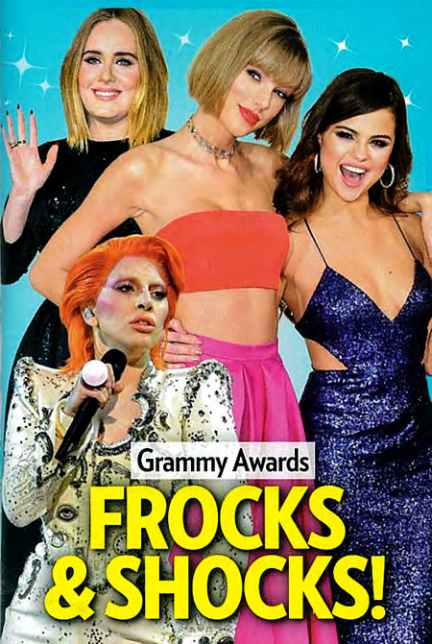


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star beauty

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Zendaya (on Jan. 10) stood up for herself on social media after Giuliana Rancic made "offensive" comments about her hair. "To me, locs are a symbol of strength and beauty."



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ZENDAYA

The 19-year-old Disney star on hair and happiness

Growing up, I wasn't very confident with my curls.

I didn't like my hair because it wasn't like the hair that girls around me had. And nobody really knew what to do with my hair. My mom is white and my dad is black—they have two very different hair types. So we learnt how to manage my hair together, and I also watched YouTube videos to find easy styles to do.

I've experienced hair nightmares. On the first season of the Disney Channel's *Shake It Up*, heat-styling destroyed my hair. But over time I learnt how to properly care for it; I use argan oil because it's really moisturising. I condition my hair every day, and I shampoo it every other day.

Day-to-day, I wear my hair as natural as possible to minimise damage. To define my curls, I use a blow-dryer with a diffuser attachment and Chi Styling Cream Gel, which helps me crunch my curls up.

When I am on the red carpet I am not afraid to have fun with my look. A lot of the styles I wear are inspired by Cher, Joan Jett, Grace Jones and Diana Ross.

When I was younger, I was afraid to experiment with my look because I was worried about what people thought. But as I've gotten older and become more confident in myself, I just don't care. I like who I am and I hope that I can help a lot of other young women get there. I think that a big part of that is showing that you can dress and wear your hair however you want. People will say whatever they have to say, but as long as you feel good and you feel confident and you're taking those steps to feel comfortable with yourself, then you're good!

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"As you can see, I love my perfumes." Zendaya's Instagram post reveals the star is a true fragrance aficionado.