

Begin a bloomin' love affair with roses

*FREE OFFER see page 50
*Conditions apply

JULY 2014 AUST \$6.20 (inc GST) NZ \$7.50 (inc GST)

TV SHOW



BETTER ALL THE TIME

BIG FOOD BONUS

So good, so easy

roasts, ribs, soup, shanks, casseroles, corned beef...

Slow cooking *stove, oven or cooker!*



One-pot hot potato 3 top twists

COOL gardening

Live the good life farm your own backyard

Gotta love a window box

Grow a screen of green



♥caramel popcorn

& puddings in no time!

Sticky date with caramel toppings
Apple custard with almonds
Chocolate with ice-cream

Free-spirited craft and decorating



Go boho chic – folk florals, ethnic prints, clashing colours, hip handmades



Shades of desire

Turn your crowning glory into a head-turning accessory

Fabulous-looking hair can make you feel on top of the world, and colour plays a big part. Whether you use a permanent colourant to cover greys, or even a semi to replenish shine, most women would be lost without their little bottle of magic colour formula.



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DIY TINTED TRESSES

With the latest innovations in home colouring, as well as treatments and products to keep your hair looking gorgeous for longer, it's never been easier to achieve perfectly coloured tresses in the comfort of your place.

We take a look at the lot, starting with the latest wave of colouring options to hit the shelves – temp colours! What started as a trend among celebrities is now mainstream, and the best news is they're low- to no-commitment, which means you can experiment with no harm done. So roll up your sleeves and slip on the gloves – it's time to play.



Temp team

Pulling off a new coloured look couldn't be easier – simply pick a shade and decide if you want to add just one or two streaks, or go for big impact with all-over colour. There are pretty pastels, bold neons, or shades of red, brown and blonde, to name but a few. And remember, you don't have to keep it long-term – these options are perfect for expressing your playful side, even if it's for just a week or even a night.

1. Streak it up a little or give your hair a total new look, Smart Colour in Intense Red and Smart Blonde in Beach Blonde, \$12.95 each. Temporary Hair Colour Spray-on Wash-off, Smart Beauty.

2. Create your own gorgeous pastel shades with a mix of white and pink, or be bold with a hit of bright colour. Lasts five to 20 washes. War Paint in Think Pink and Pastel Perfect, \$17.95, Vixen.

3. For one night only, chalk up! Simply close the tool on a section of hair, move in a downwards direction, then hit with hairspray. Shampoo as normal to remove. Hair Chalk, \$17.95, Scünci.

4. To get an intense colour that won't rub off on clothes, visit a L'Oréal Professionnel salon and ask about the six fashion shades of take-home temporary hair colours. Hairchalk Colour Polish, \$25.00, L'Oréal Professionnel.

5. Keeping your hair in top condition with a shampoo enriched by weightless

detangling agents and extra moisture ensures you get the best from all colourants. Vivid Muk Colour Lock Shampoo, \$23.95, Muk Haircare.

6. Get an instant flash of colour without the long-term commitment with a wipe-on, wipe-off hair shadow. Always follow the instructions for the best results. Color.Bug in Orange and Shimmer, \$24.95 each, Kevin Murphy.

7. Paint your strands for a style update. Simply brush colour onto clean towel-dried hair, leave for 15-30 minutes and rinse well for a conditioning colour that lasts three to 30 washes. Paintbox in Turquoise Blue and Yellow Fever, \$18.95, Fudge.

8. Go for a semi-permanent in a rich colour like chestnut or copper to add depth to dark hair, or brighten blondes with apricot or silver tones to rejuvenate your look between salon visits. Novasemi Colour Mousse, \$21.95, De Lorenzo. ▶

For shopping details, see Stockists page



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