

AUSTRALIA

ELLE

WANT
HAIR LIKE
THIS?
← THIS?
it's easy

September 2014



A FRESHER,
BRIGHTER,
BETTER
YOU!

BRAND NEW
LOOK

THE 6 MAKEUP PRODUCTS
EVERYONE NEEDS NOW

SEXIER
LOVE LIFE
MAKE IT HAPPEN IN
JUST 2 DAYS

HAPPIER
MINDSET
THE DIGITAL PHENOMENON
REDEFINING STRESS RELIEF

+

**HOW TO GET ALL
THE MONEY YOU NEED**
for anything you want

And God created...

Gisele

THE SECRETS BEHIND THE BODY
THAT EARNS \$135K A DAY

300+
NEW
SEASON
BUYS

INSTANT
UPDATES
FOR EVERY BUDGET
& how to pull it all together

WHEN WOMEN HIT MEN
A GUILTY WIFE'S CONFESSION

AU\$8.50 NZ\$9.20 (incl GST)

FF900011228



09

30 DAYS
OF FASHION & BEAUTY 2014

9 313006 022602

LET US SPRAY

For hairstyles that last the distance, a mist of flexible- or medium-hold hairspray is essential. To maximise hold, spray the section of hair before *and* after it's been tonged. But make sure you hold the spray 20cm away to avoid oversaturating and sizzling your strands once heat is applied.

This Is A Medium Hairspray, \$32.95, Davines, (07) 3267 5511



Spray De Mode, \$42, Bumble And Bumble, meccacosmetica.com.au



Quick Tease 15, \$27.95, Redken, redken.com.au



Flexible Hold Hairspray, \$15.99, Toni & Guy Hair Meet Wardrobe, hairmeetwardrobe.com.au

pro tip

If you have baby-fine strands or trouble achieving volume with staying power, try using a crimper. A head of mini-kinks is too *Flashdance* for now, but carefully concealed crimping at the roots gives volume without the hassle (or tangle) of backcombing. Lift up a small section of hair, clamp the crimper as close to the scalp as you can stand, release then spray with a fine misting hairspray. Finally, comb the top section over the crimped pieces to conceal.



Total Crimp, \$42.95, VS Sassoon, vsassoon.com.au



Belle 19mm Titanium Ceramic Curling Tong, \$99.95, Babyliss Pro, babylisspro.com.au

TOOL TIME

To reach great (hair) heights, you're going to need to get reacquainted with heat styling. Hampton favours a narrow tong and suggests curling in small sections for the best effect. "This way, you don't get kinks left from the tool and the curl will last longer, too," he says. To minimise damage, only hold the curl around the tong for a couple of seconds, then wrap them in velcro rollers to set for all-day staying power. And like all good Girl Guides know, a little preparation goes a long way, so don't forget that mousse. "Only ever curl hair that has product in it. Natural hair won't hold curls very well, plus moisture in the air can penetrate the cuticle and flatten your look," adds Hampton. □



Self Gripping 24mm Rollers, \$4.95 for six, Hair FX, datelinecity.com



Self Gripping 36mm Rollers, \$7.50 for six, Hair FX, datelinecity.com

24mm Ceramic Self Gripping Rollers, \$6.50 for five, Hair FX, datelinecity.com

