

Health Special

Winter blues? Not us!

GRAZIA

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121 Wardrobe updates



CROP TO IT



A-list BODY boot camp

Single Pippa turns to Harry

She calls him 'Captain'
He calls her 'Commando'

WHY OLD MEN
MARRY YOUNG
WOMEN



THE ICON

FLASH-FORWARD the classic pixie crop, starring Emma Watson. We love the mod-cool liner and innocent lashery dirtied up with a metallic edge like Chanel's A/W 11-12 runway. The 2011 trick: keep skin super matte, so focus is on chrome doe eyes. "Emma's a great example of a celeb who's taken risks and it's really paid off," says superstylist Joey Scandizzo.

60s CROP

KIRSTEN rocked Cannes with her messed 30s finger waves. But a sweet, baby-doll colour palette gave her Golden Age reference a fresh feel — this is young Hollywood, all sheer skin, luminous cheeks with shiny, non-vintage pop lips and outstretched lashes.

ART DECO WAVES

TAKE Cybill Shepherd's creamy complexion and cushioned hair; rev it up with sexy-sharp contours, and we die. Start with the belibottom-era blowdry: "Long, limp, undone is over. This is the return to big, healthy classic blow-waves, with a shiny finish," says Joey. Think less retro beachcomber tan and more sensual bronzed, caramel accents. Carve Rosie-esque cheekbones with a non-sparkly bronzer, and highlight with a dusty-rose blush. Glamazonic.

BOUNCY BLOWOUTS



1. Bobbi Brown Metallic Long Wear Cream Shadow in Mercury, \$50 (1800 061 326)
2. Redken For Men Fiber Cream Dishevel, \$34.50 (1300 650 170)
3. Lancôme Le Crayon Kohl in Noir, \$45 (02 9931 8888)
4. Lash Me Roxy Reusable Eyelashes, \$9.95 (1800 251 215)



1. Inika Mineral Blush in Peachy Keen, \$45, (1300 146 452)
2. Covergirl Lip Perfection lipstick in Spellbound, \$14.95 (1800 181 040)
3. Estée Lauder Double Wear Stay-in-Place ShadowCreme in Ivory Lace, \$40 (1800 061 326)
4. BaBylissPRO Jumbo Ceramic Triple Barrel Waver, \$94.95 (1800 251 215) for fast finger-waves

SUM IT UP

The new beauty equation: clash iconic with runway and presto, red-carpet ready



1. The Body Shop Bronzing Powder in 04 Dark, \$27.95 (1800 065 232)
2. Kérastase Paris Volumactive Soins Spray Expansif, \$42 (1300 365 552)
3. Revlon Super Lustrous Lipstick in Demure, \$21.95 (1800 025 488)
4. M.A.C Mega Metal Shadow in Prance, \$43 (1800 613 828)