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marie claire

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GET SEXY

YOUR BEACH-READY BEAUTY GUIDE
BODY • HAIR • MAKE-UP

WIN!
YOUR CHANCE
TO PARTY LIKE
AN A-LISTER
see p194

INSIDE THE
CONTROLLED
WORLD OF
BEYONCÉ

TICK TOCK
SHOCK: IS THE
BIOLOGICAL
CLOCK A CON?

“WHAT I LEARNT
AT SEX
SCHOOL”

FACE FACTS:
WHAT IS YOUR
LIFESTYLE DOING TO
YOUR LOOKS?

RACEWEAR EDIT
25 PAGES OF WINNING
STYLES YOU'LL LOVE

fashion fever

cool looks
for hot days

728

WAYS TO UPDATE YOUR WARDROBE

CHIC SWIMSUITS
RESORT TRENDS
NEW NAUTICAL

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 **CLIP, SHARE & SHOP STRAIGHT FROM THE PAGE**

1 Put your sombre shades away and opt for a pop of colour, instead. This season, we'll be sporting **Covergirl Outlast Stay Brilliant Nail Polish in Go-Go Mango**, \$6.95.

2 **Tweezerman Stainless Steel Nail Scissors**, \$49.95, will help to keep cuticles neat and tidy.

3 Don't skip the base coat – it helps your polish last longer while minimising staining. Pictured here: **Chanel Nail Polish Base Coat**, \$39.



Step 3: Buff & even nail surface

4 Do you get ridges in your nails? Then gently smooth them with **Sally Hansen No More Ridges Nail Shaper & Buffer**, \$4.95.

10 For stubborn calluses, smooth **Butter London Rock Off Glycolic Callus Peel**, \$39.95, to problem areas and then buff away with a foot file after five minutes.



10 of the best

Pedicure essentials to help you achieve a professional result at home

5 Focusing on your heels and the balls of your feet, gently buff away hardened skin with **Credo Pop Art Duo Soft Foot File**, \$16.95, after showering.



7 Keep your nails in tiptop condition with **Essie Apricot Cuticle Oil**, \$19.95.



6 Reapply **Dior Addict Gel Coat**, \$39, once or twice a week to keep your twinkle toes shining.



9 To prevent nails from weakening or splitting, always file in one direction. Use **Mavala Emery Boards**, \$8.95 for a pack of 8.



8 Get your feet in sandal-worthy condition by slathering them with **L'Occitane Shea Butter Foot Cream**, \$39, before going to bed.

