

FREE! 12-WEEK WEIGHT-LOSS PROGRAM FOR EVERY READER
\$4.20 INC. GST September 21, 2015 **WORTH \$99!**

New Idea

**BACHELOR
LOVE RAT
BUSTED!**

**SAM'S
CHEATED
ALREADY!**

**JUST DAYS AFTER
CHOOSING HIS WINNER**



**THE
MOMENT
NIC & KEITH
BROKE THE
NEWS!**



**ANGE'S
AFFAIR WITH
THE NANNY**

**WE'RE
HAVING
A BABY
BOY!**



**PETER
ALLEN
THE TRUE
STORY**

**SPECIAL
SOUVENIR
MAGAZINE**



**THE
BOY
from Oz!**



**TORI
SPELLING
BLEACHES
HER KIDS'
HAIR!**

**ANDREW
O'KEEFE
JAILED
IN CUBA**

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Reviews for you

Have a look at these fantastic products we know you'll love



YOUR NEW FAVOURITE DRESS

We all love a dress that you can dress up or dress down... whether it is a BBQ with friends or a night out on the town, look no further than Millers. This gorgeous spring dress is a tropical show stopper with a flattering design. RRP \$32.

Visit millers.com.au

Holly



CREATE AND DELIGHT

They love brownies so much at The Little Brownie Company they've committed to giving you the best tasting brownies you can make at home. With three indulgent flavours that are easy to make and even easier to eat, they're sure to win you brownie points!



YOUR PEACE OF MIND



It's something we don't really want to think about, but if it's all sorted we can rest easy if something were to happen to us. Real Guaranteed Funeral Insurance can protect your family from the financial burden of your funeral costs.

Call 1300 758 784 today for a free quote, or visit realinsurance.com.au for more information.

This is general information only. Terms and conditions apply. Please consider the PDS issued by Hannover Life Re of Australasia Ltd ABN 37 062 395 484.

A ROYAL RECORD REMEMBERED

Everyone loves the royals and this is an important milestone in royal history. On 9 September 2015, Her Majesty Queen Elizabeth II will become the longest-reigning Commonwealth monarch. The sheer beauty of this coin design will draw a worldwide audience. Visit eshop.ramint.gov.au to order now.



ESPRESSO PRONTO

At Moccona, we believe that great pleasure is to be found in the smallest

indulgence. Our Moccona Espresso capsules for the Caffitaly system deliver the highest expression of Moccona you've ever tasted for the perfect barista-style coffee at home. They are now available in Woolworths.

CELEBRITY STYLE STARTS HERE



I'm a big fan of good hair products; they can be the difference between an average hair day and a great hair day. Not Your Mother's is a range of hip and ultra creative hairstyling products for truly unique style. From shampoos to sea salt spray to texturizing cream, Not Your Mother's is star-worthy style. For stockists, visit datelinecity.com

BOOST YOUR WORKOUT

Blooms Acetyl L-Carnitine helps fat metabolism and can increase muscle energy output during exercise. As a bonus it supports mood maintenance in normal healthy individuals! 60 or 180 vege caps.

Visit bloomshealth.com.au

Always read the label, use only as directed. CHC70454-02/15



NESTLE CHOOSE WELLNESS

Australian children's dietary survey data shows that MILO and milk drinkers are more likely to get the calcium they need compared to plain milk drinkers. Compared to flavoured milk drinkers they are also more likely to have higher levels of other essential vitamins and minerals in addition to calcium. Visit www.nestlechoosewellness.com.au



A COOL NIGHT'S SLEEP



Keep cool while you sleep this spring with Lorraine Lea's innovative gel mats. Ideal for those who overheat at night, suffer from hot flushes or fever, these inobtrusive bedding solutions absorb the body's heat and provide instant, cooling relief. Pillow Pad (RRP \$39) and Mattress Mat (RRP \$279).

Visit lorrainelea.com

BLACKMORES

Blackmores Triple Action Bone Formula with vitamin K2 supports the deposit of calcium into the bones, where it is needed. It contains vitamin D3 to aid calcium absorption. A diet deficient in calcium can lead to osteoporosis in later life.

Always read the label. Use only as directed. Vitamin supplements should not replace a balanced diet. CHC70345-01/15



FRESH CLEAN

Check out this fragrant range from Pine O Clean,

with their Total Shine System. The wipes, trigger sprays and floor cleaners cut through tough grease and grime to give you the shiniest surfaces in seconds. For the ultimate grease cutting in your kitchen, also try the new Pine O Clean Kitchen Expert.