

KERRI-ANNE'S PAIN JOHN WOULD WANT ME TO BE STRONG

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# New Idea

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# FIND YOUR SHADE

NEW  
Beauty

Appear younger in a flash when you match the correct make-up to your skintone



Michelle Williams



Jessica Biel



Beyoncé Knowles

**W**hile using a flattering make-up shade can light up your complexion and make you look instantly more youthful, the wrong tone can likewise add years. Follow these expert tips on finding the right hue for you from these must-have make-up basics – you'll be amazed at the difference it can make!

## IF YOU HAVE...

### FAIR SKIN

### MEDIUM SKIN

### OLIVE SKIN

#### Your perfect blush

Follow these simple rules from Revlon make-up director Melanie Burnicle. Fair skin suits soft pinks or peaches – go for peach if you have redness in your skin, she advises. Medium skin can pull off pinks, peaches or browns, while tan and brown tones work nicely with olive and dark skin.

#### Your perfect red lip

Andrea Foy, specialist blender at The Lip Lab in Sydney, spends her days making bespoke shades. Her tips for finding the perfect red? An orange-based bright red works with fair skin. Medium skin can pull off a 'true red', while blue-based reds or dark-cherry reds suit dark or olive skintones.

#### Your perfect nude nail

According to Sally Hansen expert Alison Bowhill-Hayes, pink hues enhance fair skin, caramel or sand suits medium skin, while peach works with dark or olive skin. 'Look at the skin around your cuticles,' Alison says. 'If it looks kind of sickly, then the skin's undertones haven't been matched properly.'

Clarins Multi-Blush in Candy, \$42.

Maybelline NY Master Glaze Blush Stick in Just Pinched Pink, \$15.95.

Revlon Powder Blush in Naughty Nude, \$26.95.

Innoxa Classic Colour Lipstick in Wild Cherry, \$14.95.

L'Oréal Paris Colour Riche in Place Vendôme, \$21.95.

Laura Merrier Creme Smooth Lip Colour in Plumberry, \$35.

Sally Hansen's Complete Salon Manicure in Sweet Talker, \$14.95.

Colour Theory Nail Polish in Sea Sells Seashells, \$4.

OPI Nail Lacquer in Samoan Sand, \$19.95.

The ManiMatch app will help you find the perfect polish shade. It analyses your skintone and suggests your most flattering colour matches from more than 100 shades – and it's free to download!

Text: Katherine Moncrieff. Still-life photos: Guy Bailey

## BEAUTY ED'S FAVE

Recently, I've been running a few drops of argan oil through my hair while it's damp, before blow-drying. I find it helps keep frizz under control and I know it's protecting my hair against heat damage. I'm rotating between these two: Theorie Argan Oil Ultimate Reform Hair Serum, \$39.95, and Crop Pure Argan Oil, \$18.



**WHERE TO BUY:**  
Clarins (02) 9663 4277,  
Colour Theory 1300 660 439,  
Crop 1800 352 454,  
Innoxa 1300 650 981,  
Laura Mercier (02) 9663 4277,  
L'Oréal Paris 1300 659 359,  
Maybelline NY 1300 369 327,  
OPI 1800 812 663,  
Revlon 1800 025 488,  
Sally Hansen 1800 812 663,  
Theorie 1800 251 215,  
Weleda 1300 551 454.

## Did you know?

Extracted from the flower, evening primrose oil is fantastic for treating dry and sensitive skin. Used for centuries for its beauty benefits, the oil is rich in essential fatty acids and has an anti-inflammatory that is great for treating redness, psoriasis, eczema and acne. Weleda Evening Primrose Age Revitalising Concentrate, \$46.95.

