

Hair how to



Top tips

For your smoothest blowdry 'to the point of no fly-aways, hit the hair with heat first and then cold air,' says Orlando. 2 'It's important to make sure you're doing the same level of waves on each side, so be conscious of that,' he adds.

CAROLINA





egardless of which race day you're attending or the length of your locks, this style should suit you. Celebrity stylist Orlando Pita for TRESemmé shows us how the look – a standout from the Carolina Herrera catwalk – is done on model Lily Aldridge. 'It's sweet, young and fresh,' says Orlando. 'And it's all about the shine.'

STEP 1: Start by washing your hair with a lightweight, moisturising shampoo and

conditioner - this look is all about healthy, youthful hair. STEP 2: Towel dry and apply an anti-frizz treatment from your roots to ends before blowdrying smooth and straight with a round brush. STEP 3: Create your part and, using a large curling iron, start your waves moving in 5cm sections. Don't traditionally 'tong' the hair, simply clamp and lift your locks, creating an 'S' bend. STEP 4: Finish by spraying a brushable hairspray all over to set the style.

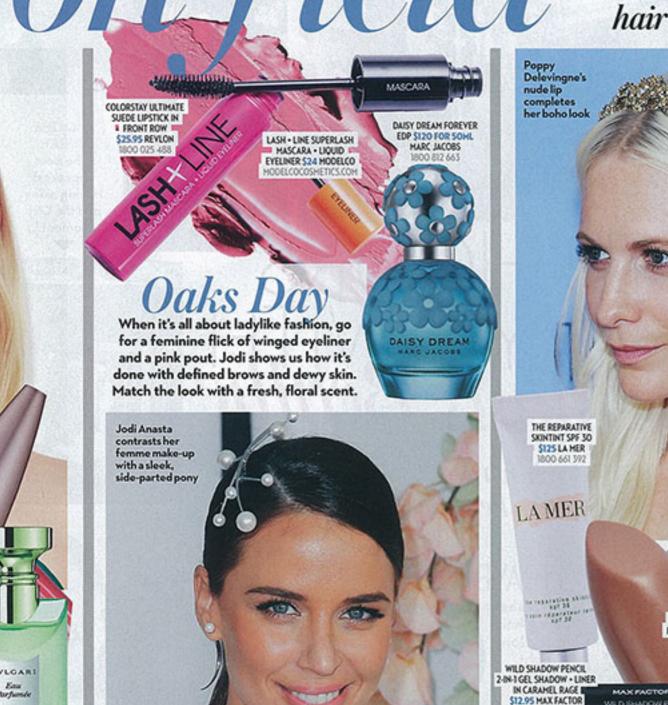
#MAKE-UP Beauty



SILVER BULLET

Extreme speed for super-fast hairstyling on field

Now you've got your outfit sorted, finish it off with the perfect hair and make-up





on her eyes. Sexy and summery!