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OK!

BEYOND THE RED



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stays so
fabulous
at 46!



Kim
My 'drop
5kg fast'
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diet

The stars' amazing

OSCARS BODY SECRETS

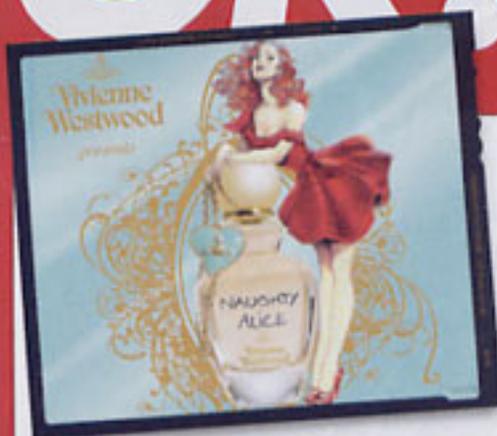


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EVERYTHING THE **OK!** GIRL NEEDS RIGHT NOW!

OK! Fab Buys



NAUGHTY BUT NICE

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FULL LASHES

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RRP \$28. Visit clinique.com.au



EMBRACE YOUR SHAPE

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RRP from \$19.95.

Available from holdmetight.com.au and BIG W.

FASHION LIFESAVER

Introducing new Hollywood Feet Secret Gel Cushions – they help keep your feet stay comfortable all day and night long while being discreet, so no-one will know you're wearing them! **RRP \$9.95** for two pairs. Buy them at hollywoodfashiontape.com.au



NIFTY BRUSHES

If you blow-dry your hair frequently, you'll be interested in the new Brushwax Keratin 230 collection. Specially designed for use with heat appliances, the brushes feature ionic technology to protect your tresses. Visit datelinecity.com



SUN PROTECTION

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RRP \$10.99. Visit

nivea.com.au



VALUE-PACKED PHONE DEAL

Vodafone's \$30 TXT and Data recharge deal offers free unlimited access to social networking sites, 500MB of internet data, unlimited texts and standard calls to anyone on the Vodafone network, plus \$30 of flexi credit to use on calls and much more! Visit vodafone.com.au



GET THE GLO

The White Glo Express Whitening System uses a proven dental technique to whiten teeth effectively at home. The double-strength formula reduces treatment times to just five minutes! Available from major supermarkets and pharmacies.

RRP \$14.99.

Visit whiteglo.com



LUSCIOUS LIPS

Make an impact like Zoëy Deschanel by slicking on the new Rimmel London Lasting Finish Lipstick. It's the perfect combination of intense colour and long-lasting wear. **RRP \$9.95.** Phone **1800 812 663**

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'yes'
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**WRAP
RELEASE
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AWARD-WORTHY HAIR

The right style can make or break the look

TWO WEEKS BEFORE...

In the lead-up to the awards, the celebrity's styling team will decide and implement a hair colour and cut strategy.

ONE WEEK BEFORE...

Nourishing, moisturising masks and strengthening protein treatments will be applied to ensure hair is in optimal condition come awards night.

ON THE DAY...

The starlet's chosen dress ultimately dictates the appropriate hairstyle. Gowns with intricate details on top suit a sleek up-do, while understated dresses are definitely complemented by free-flowing waves. Celebrity stylist David Babaii – who has worked his magic on several Oscars attendees in the past – spills on his approach, saying, 'I love loose and sexy hair that is constructed with a bit of chaos.'



Best Actress nominee Jennifer Lawrence chose the 'loose and sexy' option when it came to styling her hair



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Ceramic Curling
Iron
\$87.95
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SHOW-STOPPING BODY

Spray tans and mani-pedis are de rigueur

TWO WEEKS BEFORE...

Time to shape up! Hollywood trainers will be working overtime to ensure celebs look toned and taut. In-demand trainers – like Gunnar Peterson, who has worked with Jennifer Lopez and Angelina Jolie, and Valerie Waters, whose clients include Jennifer Garner and Reese Witherspoon – will have their diaries jam-packed with appointments in the lead-up to the awards.

ONE WEEK BEFORE...

Bring on the body treatments – massages, full-body scrubs, cellulite-firming techniques, hair removal and, of course, spray tanning. This is also the time when celebs will eliminate salt from their diet to avoid bloating and eat carefully to drop those last few pesky kilos.

ON THE DAY...

The first order of the day is a mani-pedi to complement the dress. Oscars co-host Anne Hathaway sported a darker nail polish hue because she insists, 'Anything dark works better on me'. Celebs then completed the look with a layer of luminous body oil or moisturiser and a dusting of shimmer powder on the décolletage and arms, before strutting their stuff on the red carpet.



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Aging Moisturizer
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SKIN PHYSICS

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Standing up on stage all night meant Oscars co-host Anne Hathaway made sure her body was looking its best

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