

July 15, 2013



NEW PICS!



*Danielle & Russell*  
**TOGETHER AGAIN!**

EXCLUSIVE INTERVIEW



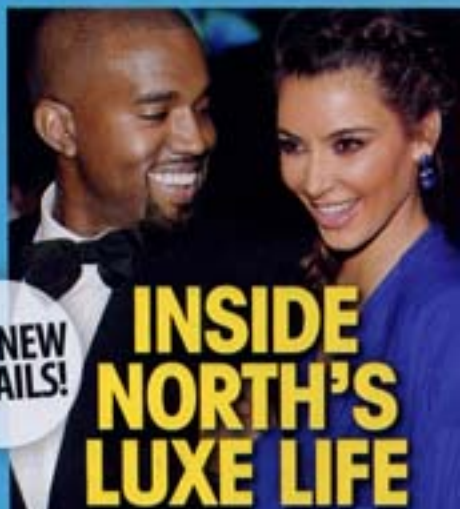
*Henry Cavill & Kaley Cuoco*

**SUPERMAN'S NEW LOVE**



*Jessica Simpson*

**MY BABY ACE!**



ALL-NEW DETAILS!

**INSIDE NORTH'S LUXE LIFE**

*Michelle Bridges tells*

**OUR BIG NEWS!**

With her romance heating up, the celebrity trainer prepares for an exciting new chapter

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Rosie Huntington-Whiteley

## 11 DRY FOR HAIR TYPE

For fine hair, point nozzle up and dry underneath sections—it'll amp-up volume. "To smooth thick hair, dry down on top of sections," says Harry Josh, John Frieda international consultant. To keep curls springy, use a diffuser. Try Parlux's 3200 Ionic & Ceramic Compact Dryer, \$174.95; 1800 251 215



## 12

### RUB PRODUCT BETWEEN YOUR HANDS

#### An easy rule to follow:

"If the product looks gloopy in your hands, you'll see too much of it in your hair. Massage styling products such as cream, serum and pomade in your palms first to emulsify them," says Simon Miller, education director for KMS California.

## 8 TEASE ME

Stash a teasing comb in your desk drawer; it's a must for fast day-to-night styling. You can rebuild volume at the end of the day by back-combing your hairline. The comb also comes in handy for creating sleek ponytails, chignons and perfect parts, says Tresemmé stylist Jeanie Syfu.

## 9

### SAFEGUARD COLOUR WITH SUNFLOWER OIL

It's a natural sunscreen that protects from the harmful UV rays that fade colour, says Ron Williams, PhytoSpecific educator. Apply about a ½ teaspoon to the bottom half of hair before going out in the sun.

## 10

### USE THE PERFECT AMOUNT OF STYLING PRODUCT EVERY TIME

Less is always more! To avoid weighing down your strands and to save bucks, use celeb stylist Adir Abergel's coin guide to serving size:

**Serum:** It takes only a 10 cent-sized amount to get all-over shine. Start at the nape of your neck, then work your way forward. We like MoroccanOil Treatment, \$55; 1300 437 436

**Cream:** A 20 cent-sized dollop is enough to define and moisturise most hair types and lengths. Try Not Your Mother's Kinky Moves Curl Defining Hair Cream, \$14.95; 1800 251 215

**Gel:** If you're creating a sleek look—a tight pony or bun—use a 50 cent-sized amount. For looser styles, go the 20 cent-blob.

**Mousse:** For touchable volume, stick with a dollop the size of a golf-ball. Anything more may make strands crunchy.

## 13

### PLAY UP YOUR FEATURES WITH YOUR CUT

"Instead of focusing on your flaws, look in the mirror and pick your best features. Then ask your hairstylist for a cut that shows them off."



Ken Paves, author of *You Are Beautiful* (Sterling, \$24.95) and Jessica Simpson's BFF.

Here, our fave feature-flaunting style ideas from Pave's book:



Emma Stone

#### If you love your eyes ...

Show them off with bangs or face-framing layers. Or place highlights around your hairline.



Eva Longoria

#### If you love your cheekbones ...

Curl hair away from your face to accentuate your bone structure, or try wearing it up.