

**AUSSIE WOMAN TELLS**

**My secret past with Prince Andrew**



AUSTRALIA'S NO.1 WEEKLY MAGAZINE

# Woman's



**BIGGEST SCANDAL EVER!**

# ROYALS IN CRISIS



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**ANGELA BISHOP**  
I quit coffee  
and lost  
**20kg!**



**BUSHFIRE BRIDE**  
**'HOW STRANGERS**  
**SAVED MY WEDDING'**

**Fast & fresh**  
**family meals**  
**from**  
**\$2.60**



**50** all-new  
recipes



**Nicole: What I'm hiding from my kids**



# Hot & sexy



## hair

(no heat required!)

Get gorgeous summer locks minus the blowdry

### YOU WANT

#### Volume & movement



"Dry your hair naturally and apply a small amount of styling mousse. Section hair off into large areas and wrap around velcro rollers – the bigger, the better," says hair and makeup artist Melanie Burnicle of 2 Twenty 2 Group. "Spritz with a pliable hairspray – hair needs to be brushable. Leave rollers in for 20 minutes."

#### Styling kit

- 1 Hair FX Self Gripping Rollers from \$3.50 each
- 2 John Frieda Volume Building Mousse \$15.99
- 3 Herbal Essences Touse Me Softly Hairspray \$6.99

OH MY GOD!  
I'VE FORGOTTEN TO  
PACK MY HAIR  
DRYER!

### YOU WANT

#### Pretty waves

"Wash your hair the night before, part it in the centre and plait into a few chunky sections," says Melanie. "Spritz all over with a hairspray that doubles as an anti-humidity protectant, then sleep on it." "If you're after a looser wave, put wet hair into a bun instead," she suggests. "To avoid harsh marks left by elastic bands, clip hair using u-pins."

#### Styling kit

- 1 Pantene Pro-V Ultimate 10 Shampoo and Conditioner \$7.99 each



- 2 amika Touchable Hairspray \$16.95
- 3 Fudge Liquid Skrewd Medium Hold Anti-Humidity Curl Enhancer \$19.99

### YOU WANT

#### Straight & sexy

Tame hot-weather frizz with a smoothing shampoo and conditioner. "A deep conditioning treatment will seal hair cuticles," says Melanie. "Use a paddle brush to stretch out your strands. When it's dry, apply a smoothing cream or a lightweight styling product to reduce frizz."

#### Styling kit

- 1 Schwarzkopf Extra Care Moisture Gloss 10 Days Shine Mask \$8.99
- 2 L'Oréal Paris Hair Expertise EverSleek Humidity Defying Leave-In Creme \$14.95
- 3 MoroccanOil XL Pro Paddle Brush \$27.50

