

KUMAR'S SPICY
ROMANCE!

THE BLOCK
BOMBSHELLS

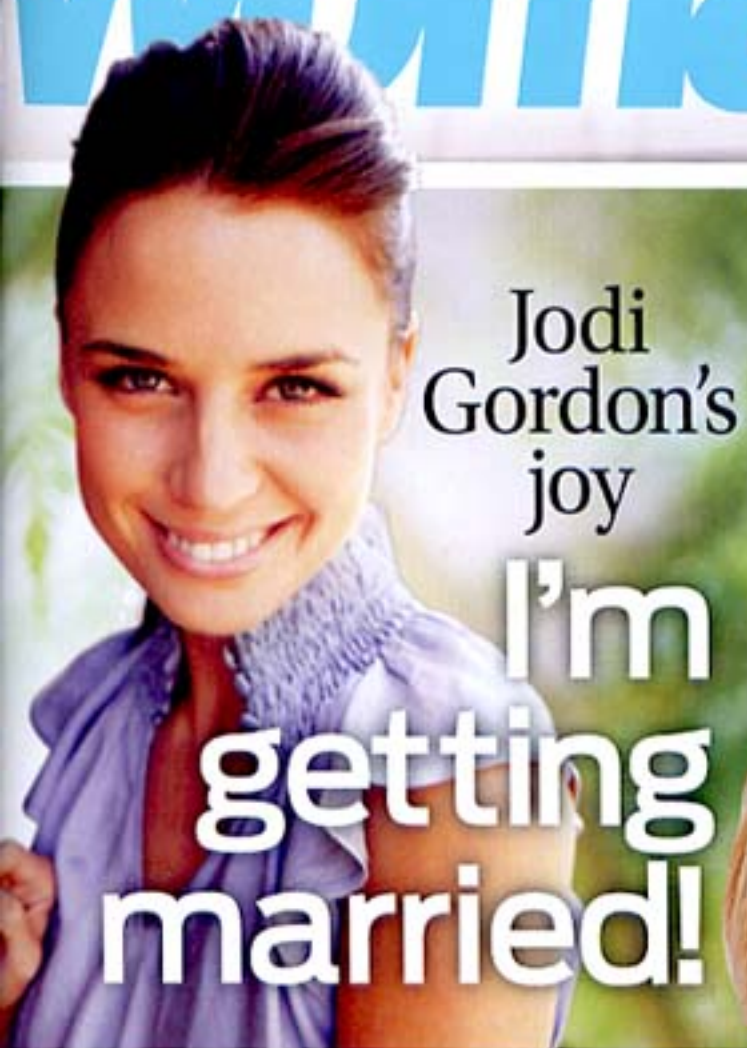
AMAZING RACE
LOVE TRIANGLE



AUSTRALIA'S NO.1 WEEKLY MAGAZINE

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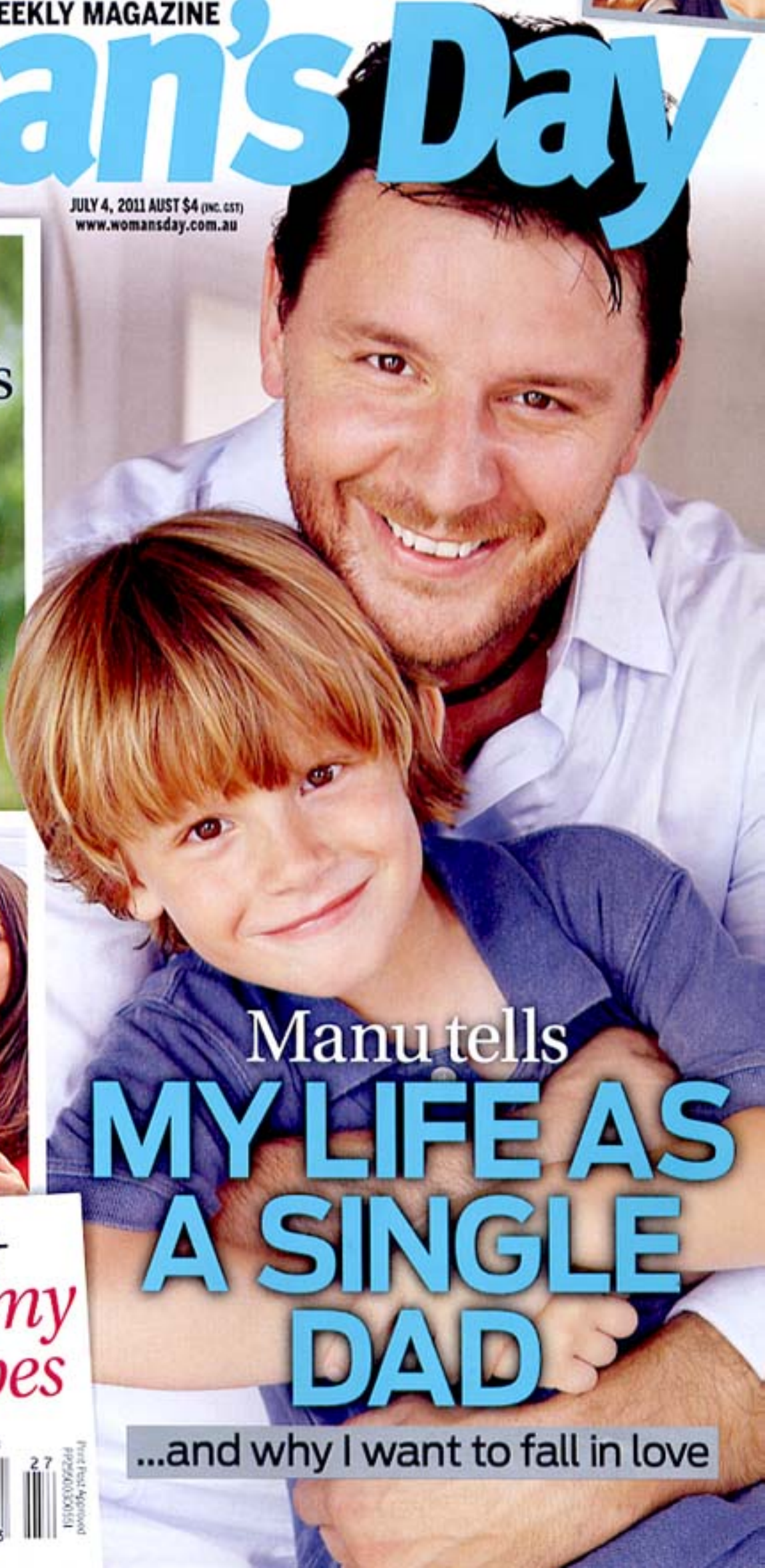
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Manu tells
**MY LIFE AS
A SINGLE
DAD**

...and why I want to fall in love



Changing COLOUR

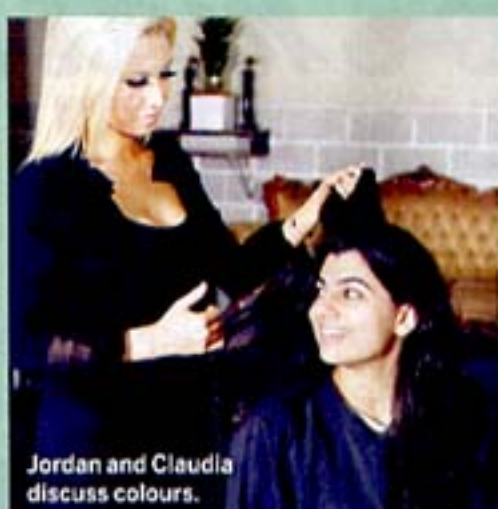


Balayage is a sweet and subtle way to colour your hair, especially when it's your first time



Top make-up tip

"I've used earthy tones to bring out the golden flecks in Claudia's balayage," says make-up expert Jessica Berg. "A juicy melon lip gloss and dewy skin gives a healthy, luminous glow."



Jordan and Claudia discuss colours.



Sitting through her first foils.



Claudia's hair is blow-dried with a medium round brush.

If your daughter wants to follow the hot Hollywood trend and lighten the ends of her locks to get a natural, beach-babe look, balayage is the way to go. This technique of lightening the ends rather than the roots originated in France in the 70s, and leaves hair looking like it's been sun-kissed.

BRUNETTE BEAUTY

Claudia Doumit, 18, wanted to go from brunette to hot chocolate with highlights.

"I feel like a change, but not just a block brunette colour," Claudia says. "[Actress] Rachel Bilson's balayage is appealing and seems a safe way to try my first colour."

THE COLOUR "We chose a balayage for Claudia that looks natural and is not made up of contrasting colours," says celebrity colourist Jordan Kuipers from People Hairdressing in Surry Hills, Sydney. "Super-dark brunettes such as Claudia suit lighter shades of burnt caramels and toffee."

This particular colour combination was painted on from the mid lengths to ends to create texture and movement. It takes about 45 minutes to apply and lasts up to six months.

CUT 'N' STYLE "Claudia has been blessed with beautiful, thick hair," says People's senior stylist Jana Panoutsopoulos. "However, I took the bulk out by adding texture with shorter layers throughout the top sections."

To get the teen's cascading waves, Jana first blow-dried the hair with a medium round brush and then pin-curved each section. This helps to form a definite wave that is bouncy and full.

THE RESULT "This is really subtle and looks really healthy," Claudia says. "This is exactly what I wanted!"

THE

braidy

BUNCH

PRINCESS BRAID

PERFECT FOR A PARTY

Prep Blow-dry hair smooth, then part from ear to ear over top of head. Wet front section and comb to remove knots. Run hair oil through front section for extra shine. If you like, clip back section up to

keep it out of the way while you braid the front section. **Cute touch** Spritz braid with glitter spray for a glam finish! **Top tip** For a braid that lasts up to three days, run gel through the hair before you start braiding.

STEP 1



1. Starting near the left ear, take a 3cm section of hair as shown. Twist tightly clockwise and have someone hold it for you. Take another 3cm section above the first and twist well. Place first

STEP 2



section under second and hold flat across head. Have someone hold second place and take a further 3cm piece, combine with first section and twist clockwise. 2. Continue twist-and-cross action

STEP 3



across crown, adding 3cm sections, until you reach right ear. 3. You should now have two twists of hair that you continue to twist all the way down the length. Secure with elastic and a pretty ribbon.

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1. Diva Flower & Floral Pins Set, \$9.99 (for two). 2. Lee Stafford Bling Sparkle Spray, \$11.95. 3. MoroccanOil Treatment Oil, \$26.50. 4. Brushworx Metallic Series Porcupine Cushion Brush, \$19.95. 5. Krest Cleopatra 441 Plastic Tail Comb, \$4.95.

Watch our video

See Beauty Editor Mary Zavaglia create these braids, and the Balayage techniques used for Claudia and Tess (pages 68 & 69) on our website at... www.womansday.com.au



FRENCH BRAID

PRETTY FOR SCHOOL

Prep Spritz the hair with detangler, then blow-dry hair smooth and apply serum for shine and to smooth fly-aways. Brush to remove knots - this makes it easier

to separate hair when you are braiding. **Cute touch** Ribbons and clips are a great way to accessorise. **Top tip** To get a pretty effect, weave ribbon through the braid as you go.

STEP 1



1. Part hair down the middle, or to the side down to the nape of the neck. Create a triangle at the top of the head and separate hair into three small sections.

STEP 2



2. Continue as you would for a regular plait - but when crossing a section, add extra hair from the sides as you braid down the head. Keep braid to the centre and

STEP 3



plait tightly. End braid by plaiting hair to the desired length and secure with hair elastic. 3. Repeat steps 1 and 2 on the opposite side of the part.



1. Pumpkin Patch Flower Hair Ties in Blueberry, \$7.99 (for 2). 2. Pumpkin Patch Striped Bow Clips in French Blue, \$7.99 (for 2). 3. Mason Pearson Child's Bristle Brush in Pink, \$115. 4. MOP C-System Liquid Wax, \$32.95. 5. Smackers Detangler in Strawberry, \$4.99.