





Lux Aestiva skincare's KATIE BLYTH says fruits are a powerhouse of all the essentials our skin needs

1 Enbacci Skincare Age Revitalising Eye Defence \$88

Formulated with apple stem cell technology, this product brightens, tones and hydrates the delicate eye area.

2 16 Brand Watermelon Cream \$29 With 35 per cent watermelon extract, this super refreshing gel cream is the best skin drink.

3 Origins Flower Fusion Raspberry Refreshing Sheet Mask \$10Not only does it smell divine, this mask also fights free radical damage and boosts hydration.

4 Lux Aestiva Prickly Pear Oil \$39 "Great on those with mature skin," says Katie. "This is a non-comedogenic dry oil, which contains high levels of the super antioxidant betalain known for its anti-ageing powers.

5 Garnier Pure Active Fruit Energy Energising Scrub \$12.95 If you hate getting up in the morning, this invigorating face scrub is just what you need. With an energising boost of pomegranate, grapefruit extract and vitamin C, it makes the best alarm clock.

